

Breakfast in the Classroom



BIC Team

Join your school's breakfast team and learn about Breakfast in the Classroom.



Equipment

Your school nutrition director will help equip your classroom with needed supplies.



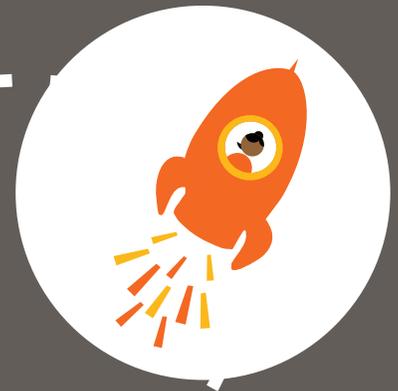
Student Engagement

Determine student roles for BIC, and classroom activities.



Dress Rehearsal

Hold a BIC practice day to make sure your classroom is fully prepared.



LAUNCH BIC!



Review and Revise

Provide regular feedback to the breakfast team.

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PACING: Use these steps to guide your preparation and implementation prior to Breakfast in the Classroom Launch.

	PURPOSE	ACTIVITIES	MATERIALS/ RESOURCES
1: BREAKFAST TEAM & TRAINING	Benefits of Breakfast -- Breakfast provides students with their basic needs, and puts students in a better place to focus, perform better in class, and be less disruptive. 1-2 months prior to Breakfast Launch.	1. Join your school's School Breakfast Team to provide input and troubleshoot rollout issues. 2. Review BIC trainings and materials. 3. Familiarize yourself with the school plan to implement BIC.	Maslow's Hierarchy of Needs Chronic Absenteeism Breakfast After the Bell Myths BIC Short Instructional Video Educator's Guide to BIC
2: SUPPLIES	Equipment needs -- your school nutrition director will ensure your classroom has the necessary equipment (trash cans, trash bags, placemats, clean-up supplies, etc.) 1-2 months prior to Breakfast Launch.	Familiarize yourself with the equipment provided.	Teacher Guide - Classroom set Up & Clean Up Breakfast in the Classroom Rollout Timeline
3: PREPARE STUDENTS	Classroom Activities -- determine how your classroom will be structured during BIC and what activities the students will do while eating and in the facilitation and cleanup of BIC. 3-4 weeks prior to Breakfast Launch.	1. Inform students of BIC, launch countdown, and why it's important. 2. Determine student activities while eating breakfast and connection to instructional activities. 3. Help students create roles, job descriptions, and expectations for participation in and management of BIC. 4. Involve students in creating posters and activities promoting breakfast launch.	Example of Incorporating Curriculum into BIC BIC Video - Wisconsin Elementary school Teacher Guide - Classroom set up & Clean Up
4: PUBLICITY	Provide positive information to stakeholders about BIC. 2-3 weeks prior to Breakfast Launch.	Work with your school breakfast team to help coordinate publicity.	Parent FAQs (customizable English) Parent FAQs (customizable Spanish) BIC letter to families (customizable)
5: UNDERSTAND PROCEDURE	Counting and Claiming; Offer vs Serve 1-2 weeks prior to Breakfast Launch.	1. Work with your school cafeteria and administration to decide a counting and claiming method for your classroom. 2. Ensure you have all the classroom supplies you need (including extras), as well as student helper supplies. 3. Implement new classroom procedures. 4. Announce Student Helper schedule to class.	Example of classroom using tally sheet to record breakfast, Non-CEP, Non-Provision 2 (video) Example of classroom using tally sheet to record breakfast, CEP or Provision 2 (video)
6: PRACTICE	Practice Makes Perfect. 1 week prior to Breakfast Launch.	1. Have a "dress rehearsal day". Coordinate this with your school cafeteria and administration. 2. Adjust plan as needed.	Elementary School Example of student involvement with tallying breakfast participation (video) Example of classroom clean up (video)
7: BREAKFAST LAUNCH!	Feed the Kids!	1. Help with Breakfast roll-out. 2. Document observations and report to School Breakfast Team. 3. Eat breakfast with your students.	
8: FOLLOW UP & GROWTH	Review, Revise, and Grow Participation!	1. Attend Breakfast Team meeting to report successes and challenges. 2. Adjust classroom/program procedures as needed. 3. Troubleshoot issues. 4. Facilitate growth in participation through ongoing communication and adjustment.	Center for Best Practices website - school breakfast Center for Best Practices website - monthly newsletter subscription School Breakfast Success Stories