



Supporting Your Healthy Team: Strategies to Promote Staff Wellness, Motivation & Retention

Jeannine Rios, Senior Program
Manager, No Kid Hungry

Moderator: Ilana Sambuco-Paul,
MBA, SNS

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Agenda

Welcome & Webinar overview

Introductions

Panel discussion

Q & A

Survey



No Kid Hungry is a Campaign By Share Our Strength

We're an organization dedicated to decreasing food insecurity. Through proven, effective campaigns, we connect people who care to ideas that work.



Food Insecurity Threatens Children's Futures



EDUCATION

3 out of 4 public school teachers say that students regularly come to school hungry.



HEALTH

Well nourished children are sick less, recover faster & are hospitalized less than those who are not.



ECONOMY

Research puts hunger's cost to the U.S. economy per year at \$167.5 billion

Housekeeping



If you encounter any technical difficulties, please use the [chat box](#) to get help.



A recording of this webinar will be emailed to you along with the slide deck.



If you have questions for the speakers, please enter those into the [Q&A box](#) throughout the webinar.



After the webinar you will receive a quick survey, please fill it out to help us in planning future webinars.



Panelists will share ideas and tools that have worked for them in their districts, not all strategies are transferable please check with your district and state agency before implementing these changes.

Back To School Webinar Series:

<http://bestpractices.nokidhungry.org/webinars>

- SNAP in Schools
- Adding Afterschool to your Back to School Plans
- Promoting Equity in School Meals
- School Meals Marketing
- **NEW RESOURCE: Staff Wellness-coming soon!**





Resources

[School Meals Application Outreach Toolkit](#) - This toolkit is intended for school districts to communicate with families about Free & Reduced-Price School Meals Applications

[Alternative Income Forms:](#) Understanding What They Are, Why They're Important & How They're Collected –CEP Schools

[Upcoming Webinars and No Kid Hungry Resources](#)

[Social Media Toolkit](#) – Free and Reduced-Price School Meals

Moderator

Ilana Sambuco-Paul

The Panel:

Hitesh Haria, Associate Superintendent,
Pittsburg Unified School District (CA)

Jessica Shelly, Director of Student Dining
Services, Cincinnati Public Schools (OH)

Marla Caplon, Former Director of Food and
Nutrition Services and Former Director of
Student Wellness Initiatives, Montgomery
County (MD)

Walter Campbell, Charleston County School
District (SC)



Quick Poll





Q & A



THANK YOU

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