Fueling Young Readers: Afterschool Meals at Libraries

March 14, 2019
2:00 PM ET
**Housekeeping**

- Listen-only mode
- Submit questions and ideas in the “Questions” section of the GoToWebinar menu
  - Questions will be addressed at the end
- Respond to poll questions throughout
- Recording and resources available afterward
Introductions

Carolyn Wait
Senior Program Manager, Center for Best Practices
No Kid Hungry campaign
No Kid Hungry’s work on afterschool meals has been made possible through the generous support of Tyson Foods, Inc.
Agenda

• Background on No Kid Hungry’s Afterschool Work
• Panelist Introduction
• Overview of Panelists’ Afterschool Programs
• Moderated Q&A
• Audience Q&A
• Resources to Support Your Work
No Kid Hungry is ending childhood hunger through effective programs that provide kids with the food they need.

No Kid Hungry is a campaign of Share Our Strength, an organization working to end hunger and poverty in the US and abroad.
No Kid Hungry’s Center for Best Practices provides information, tools, and resources designed to end childhood hunger.
Afterschool Meals at Libraries

To Be
Well Read...

You Must Be Well Fed!
Poll Question
Panelist Introductions

Brian Wieher  
Director of Child & Family Nutrition  
Operation Food Search

Andrea Martinez  
Programs Manager  
Three Square Food Bank

Erin Collins  
Youth Services Department Head  
Whitney Library
Brian Wieher, SNS, CMP, CCNP

Director of Child & Family Nutrition
Summer Food Program
• 2014: sponsored total of 3 libraries
  • Served +/- 4,000 meals
• 2018 we sponsored 15 Libraries
  • STL County 9 libraries
    • Served - 10,952 meals
  • STL City 6 libraries
    • Served - 5,758 meals

Afterschool Meals Program
• SY 2017/18: 6 STL County Libraries
  • Began December 2017 with 3 libraries
  • 3 more came on board in March
    • Served 9068 meals
• SY 2018/19: 6 STL County Libraries
  • All 6 libraries rolled out of SFSP into CACFP
    • 17,000 meals projected
What is a Super Snack?

• Meets all requirements of a CACFP supper
  - Grain
  - Fruit
  - Vegetable
  - Protein
  - Milk
• Snack style
• Served directly after school
• Utilize a “share table” to reduce waste
Andrea Martinez, Programs Manager
Three Square
Three Square

• Southern Nevada’s only food bank established in 2007!

• CACFP/Kid’s Café produces and delivers roughly 9,000 meals to over 200 meal sites every day!!

• 65% of Clark County School District students are enrolled in free or reduced-price meal programs.

• One in Eight Southern Nevadans struggles with hunger.

• Three Square works with a service network of nearly 1,400 community partners, including nonprofit and faith-based organizations, schools, government agencies, and business to reach individuals struggling with hunger.

https://www.threesquare.org/
Erin Collins
Youth Services Department Head
Whitney Library
The Whitney Library
Poll Question
Panel Q&A
Audience Q&A
Resources at bestpractices.nokidhungry.org

AFTERSCHOOL MEALS
No kid should go home hungry. Healthy meals and snacks served after school can make all the difference.

Afterschool meal and snack programs allow educational and enrichment programs to provide kids with the nutrition they need. No Kid Hungry is committed to supporting existing programs, increasing participation and making meals available year-round.

STARTING AFTERSCHOOL MEALS
Learn the importance of afterschool nutrition programs and how your organization can begin participating.

PROMOTING TO KIDS AND FAMILIES
Find out how to effectively spread the word about afterschool meals in a variety of settings and mediums.

IMPLEMENTING IN SCHOOLS EFFECTIVELY
Get tools and tips for maximizing participation in school-based afterschool meals programs.
Fueling Young Readers Year-Round: An Afterschool Meals Case Study

Download at
http://bestpractices.nokidhungry.org/programs/afterschool-meals/starting-afterschool-meals#community-afterschool-enrichment-programs

Or access directly at
http://bestpractices.nokidhungry.org/resource-center/download?id=1e6U7bKNvi4Mc9QDE2WG9y0I4U3BtZSwo
Umbrella Model

The Umbrella Model

INCREASES PARTICIPATION IN AFTERSCHOOL MEALS

THE PROBLEM
Increasing access to the Child and Adult Care Food Program (CACFP) Afterschool Meals Program, also known as the Summer Program, is critical to ending childhood hunger. Currently, only a fraction of the children who receive a free or reduced-price lunch at school have access to a meal or snack after school.

A MODEL THAT WORKS

Afterschool Meals

STUDENT BODY

WHAT IS THE UMBRELLA MODEL?
An afterschool meal delivery model that can boost participation. Meals are available and provided to all students as long as an activity is available to everyone. Students do not have to participate in afterschool activities.

PROVEN RESULTS
In fall 2015, the Afterschool Nutrition & Activity Collaborative in New York City tested the Umbrella Model. Of schools with implemented afterschool meals programs, 35% reported higher attendance compared to schools that did not offer afterschool meals (8% higher attendance compared to schools that did not offer afterschool meals).

CACFP Afterschool Meals Program Expansion with the Umbrella Model

Key Finding
The Umbrella Model shows the potential to increase participation in the Afterschool Meals Program by more than 50 percent over historical totals at middle and high schools that promote the availability of meals to all students.

Overview: The CACFP Afterschool Meals Program
The Child and Adult Care Food Program (CACFP) is a federal entitlement program that provides funding to help offset the cost of providing healthy meals to infants, children, teens, and adults in a variety of care settings. In December 2010, the At-Risk Afterschool Meals Program was authorized as a permanent part of CACFP that could be implemented nationwide. The Afterschool Meals Program allows educational or enrichment programs in eligible low-income areas, whether school or community-based, to receive funding for up to one meal and one snack each day. This meal is crucial to children in need who may not have access to nutritious food in the evenings. In addition, children and teens need fuel for long hours of afterschool activities that keep them active and learning.

Supper in the Classroom

SUPPER IN THE CLASSROOM
INCREASES ACCESS TO CACFP AFTER-SCHOOL MEALS

What?
The CACFP Afterschool Meals Program allows schools to serve a meal during the school day, either as part of an existing program or as a new program. Supper in the Classroom makes this meal a natural extension of a classroom day, enabling all students to eat and engage simultaneously.

- Breakfast would be as simple as adding a fruit, juice, or other food item to the classroom schedule.
- A supper varies less, it might include some meals, which might be sponsored by a local organization or community.
- Supper in the Classroom should be served immediately to all students, regardless of whether they are enrolled in the school.

Why?
Because one-third of children in the U.S. live in a household where children and teens have been previously disconnected from food support, and 1 in 5 children and teens in the U.S. are food insecure. A quarter of low-income parents worry that they don’t have enough food to feed their children. The CACFP Afterschool Meals Program offers a way to reach these students, who may not otherwise participate in meal programs.

- At least one free meal is served to all students, regardless of their household income.
- Meals are served just before the end of the school day.
- Meals are served immediately to all students, regardless of whether they are enrolled in the school.

Who?
- All children who are eligible for free or reduced lunch
- All children who are eligible for free or reduced breakfast
- All children who are enrolled in the school
- All children who are enrolled in a non-school-related activity

Schools that piloted Supper in the Classroom reported that 75% of all students are on average. At $0.35 per supper in reimbursement and meal, a school with 400 students that achieves 50% participation would indicate nearly $12,000 by serving supper Monday through Friday during a regular school year.

Increasing CACFP Afterschool Meals with Supper in the Classroom

Key Finding
Implementing Supper in the Classroom can lead to higher participation in the CACFP Afterschool Meals Program. Schools that adopted Supper in the Classroom reached an average of 80 percent of all enrolled students.

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Webinar Recordings

• Afterschool Meals: A Win-Win-Win for Schools
  – bestpractices.nokidhungry.org/webinars/afterschool-meals-win-win-win-schools

• Start the School Year Right with Innovative Approaches to Afterschool Meals
  – bestpractices.nokidhungry.org/webinars/start-school-year-right-innovative-approaches-afterschool-meals

• Go Where the Kids Are: Find Success with Supper this School Year
  – bestpractices.nokidhungry.org/webinars/go-where-kids-are-find-success-supper-school-year

• Menu Ideas to Boost Afterschool Meals Participation
  – bestpractices.nokidhungry.org/webinars/menu-ideas-boost-afterschool-meals-participation
Thank you!

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