Supporting Your Healthy Team: Strategies to Promote Staff Wellness, Motivation & Retention

Jeannine Rios, Senior Program Manager, No Kid Hungry

Moderator: Ilana Sambuco-Paul, MBA, SNS

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Agenda

Welcome & Webinar overview

Introductions

Panel discussion

Q & A

Survey
No Kid Hungry is a Campaign By Share Our Strength

We’re an organization dedicated to decreasing food insecurity. Through proven, effective campaigns, we connect people who care to ideas that work.
Food Insecurity Threatens Children's Futures

**EDUCATION**
3 out of 4 public school teachers say that students regularly come to school hungry.

**HEALTH**
Well nourished children are sick less, recover faster & are hospitalized less than those who are not.

**ECONOMY**
Research puts hunger’s cost to the U.S. economy per year at $167.5 billion.
Housekeeping

- If you encounter any technical difficulties, please use the chat box to get help.
- A recording of this webinar will be emailed to you along with the slide deck.
- If you have questions for the speakers, please enter those into the Q&A box throughout the webinar.
- After the webinar you will receive a quick survey, please fill it out to help us in planning future webinars.
- Panelists will share ideas and tools that have worked for them in their districts, not all strategies are transferable please check with your district and state agency before implementing these changes.
Back To School Webinar Series:

http://bestpractices.nokidhungry.org/webinars

• SNAP in Schools

• Adding Afterschool to your Back to School Plans

• Promoting Equity in School Meals

• School Meals Marketing

• **NEW RESOURCE: Staff Wellness-coming soon!**
Resources

School Meals Application Outreach Toolkit - This toolkit is intended for school districts to communicate with families about Free & Reduced-Price School Meals Applications

Alternative Income Forms: Understanding What They Are, Why They’re Important & How They’re Collected – CEP Schools

Upcoming Webinars and No Kid Hungry Resources

Social Media Toolkit – Free and Reduced-Price School Meals
Moderator
Ilana Sambuco-Paul

The Panel:

Hitesh Haria, Associate Superintendent, Pittsburg Unified School District (CA)

Jessica Shelly, Director of Student Dining Services, Cincinnati Public Schools (OH)

Marla Caplon, Former Director of Food and Nutrition Services and Former Director of Student Wellness Initiatives, Montgomery County (MD)

Walter Campbell, Charleston County School District (SC)
THANK YOU

Ilana Sambuco-Paul
National Grant Consultant
isambucopaul@strength.org

Jeannine Rios
Senior Program Manager
jrios@strength.org