

Welcome!

We'll get started in just a few minutes. While you wait, answer the **Question of the Day** in the chat box:

**Do you run an afterschool meals program?
If yes, through CACFP At-risk, NSLP Snacks, or self
funded?**

**If no, why? And would you be interested in starting a
program?**

Tell us in the chat!



School's Out, Food's in!

Year-Round Meals: Tips for Transitioning from Summer to Afterschool Meals

June 20, 2023



HOUSEKEEPING





Agenda

Welcome & Introductions

Resources from No Kid Hungry

- Paige Pokorney, Share Our Strength

Serving Year-Round Meals

- Maggie Lynch, Director of Nutrition Services, MetroWest YMCA, MA
- Andrea Garcia Schoelzel, Health Initiatives Administrator, Denver Office of Children's Affairs, CO

Q&A



Summer Meals vs. Afterschool Meals



Sponsor Eligibility

Same

- Public school
- Private non-profit school
- State or local government agency
- Private non-profit organization

Different

- SFSP allows:
 - public or private non-profit colleges or universities participating in National Youth Sports Programs (NYSP)
 - public or private non-profit camps
- CACFP allows:
 - Eligible for-profit child care centers

Site Type

Same

- Affiliated (share sponsor's legal identity)
- Unaffiliated (separate legal entity from sponsor)
 - Non-cash agreements (sponsor assumes all costs and retains full reimbursement)

Different

- SFSP/SSO has defined types: open/open-restricted, closed enrolled, camp, migrant, NYSP
- CACFP has no official site-type designations, but programs can be drop-in (open) or enrolled
- CACFP allows cash agreements (sponsor disburses reimbursement minus administrative fee)

Site Eligibility

Same

- For all CACFP At-Risk Afterschool sites and SFSP open or open restricted sites:
 - Located within attendance zone of public elementary, middle, or high school with $\geq 50\%$ eligible for free and reduced-price meals (FARM)
 - Eligibility determination is valid for 5 years

Different

- Non-area eligible sites:
 - SFSP/SSO sites that are not area eligible can be closed enrolled sites and collect free and reduced-price meal applications
 - CACFP sites that are not area eligible may participate in CACFP as Outside-School-Hours Care Centers if they meet eligibility standards
- CACFP sites can only use school data for determining area eligibility

Activity Requirements

Same

- Supervision

Different

- SFSP/SSO activities are *encouraged* as a best practice
- CACFP *requires* regularly scheduled educational or enrichment programming
 - Children and young people do NOT need to participate in the activity or enrichment program to receive a meal

Operational Days

Same

- Programs may operate up to seven days per week

Different

- SFSP
 - Summer break
 - Vacation breaks for year-round schools
 - Unanticipated school closures during regular school year
- CACFP
 - During regular school year
 - after school hours
 - on weekends, holidays, or breaks
 - during unanticipated school closures
 - Year-round in areas with year-round schools



Participants

Same

- All children and teens through age 18
- Persons with disabilities regardless of age

Different

- In CACFP a 19 year-old could participate if 18 at start of the school year

Meal Pattern

Same

- School food authorities may opt to follow National School Lunch Program/School Breakfast Program meal patterns

Different

- CACFP has a different meal pattern from SFSP/SSO. See [Part Three of USDA's Handbook!](#)

Meal Records

Same

- Menus for each meal or snack
- Number of meals prepared/delivered and served

Different

- SFSP/SSO requires the number of first meals, second meals, and any leftover meals or meals served to non-program adults
- CACFP requires daily attendance (e.g. attendance sheets or rosters, can be as simple as first name and last initial)

Meal Service Models

Same

- Congregate meals (meals served and consumed on location)
- Mobile meal programs (“pop-up” style sites using vehicles that travel across communities)

Different

- SFSP/SSO programs operating in rural communities without access to a congregate site may be eligible to offer non-congregate (“to-go” style) meals
- Promising practices in meal service models for CACFP include:
 - [Umbrella model](#) (meals are offered to the entire campus/community with an overarching, optional enrichment program offered)
 - [Supper in the Classroom](#)

Reimbursement Rates

SFSP

SFSP Per meal rates	Lower 48 States	
	Rural or self-prep	All other sites
Breakfast	\$2.83	\$2.77
Lunch/ Supper	\$4.95	\$4.87
Snack	\$1.17	\$1.14

SSO*

SSO Per meal rates	Lower 48 States
Breakfast	\$1.97
Lunch/ Supper	\$3.66
Snack	\$1.00

CACFP At-Risk*


CACFP At-Risk Per meal rates	Lower 48 States
Breakfast	\$2.21
Lunch/ Supper	\$4.03 + \$0.30 = \$4.33
Snack	\$1.18

* Will update to SY23-24 reimbursement rates beginning July 1, 2023

New Guidance from USDA!

Best Practices for Streamlining Applications for Year-Round Program Operations

This guidance recommends options for streamlining the SFSP and CACFP application process for experienced program operators in states where the same administering agency is responsible for both programs.


United States Department of Agriculture

Food and Nutrition Service
Braddock Metro Center
1320 Braddock Place
Alexandria VA 22314

DATE: June 12, 2023
MEMO CODE: CACFP 08-2023, SFSP 10-2023
SUBJECT: Best Practices for Streamlining Applications for Year-Round Program Operations
TO: Regional Directors
Child Nutrition Programs
All Regions

State Directors
Child Nutrition Programs
All States

Issuing Agency/Office:	FNS/Child Nutrition Programs
Title of Document:	Best Practices for Establishing a Single Application Process to Support Year-Round Meal Services for At-Risk Children in Low-Income Areas
Document ID:	
Z-RIN:	
Date of Issuance:	June 12, 2023
Replaces:	N/A
Summary:	(1) This memorandum provides best practices for establishing a single application process for experienced program operators providing year-round meal services to at-risk children in low-income areas. (2) This memorandum applies to State administering agencies and local organizations operating both the Summer Food Service and Child and Adult Care Food Programs. (3) This document relates to 7 CFR 225.6(c)(3), 225.6(c)(4), 225.6(e), 225.6(e)(4), 225.14(c)(1)(i), 226.6(b)(1), 226.6(b)(2), and 226.6(f).

This memorandum provides guidance to assist State agencies in streamlining the application process for experienced program operators that participate in both the Summer Food Service Program (SFSP) and the at-risk afterschool component of the Child and Adult Care Food Program (CACFP). These programs leverage Federal funds to help children get the nutrition they need during the gap periods when they are out of school. However, CACFP is not available to at-risk afterschool care centers during the summer, and SFSP does not normally operate during the school year. A single application process would help State agencies reduce the paperwork to make it easier for experienced program operators to provide meals year-round to at-risk children and young people in low-income areas.

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**Resources from
No Kid Hungry**





New to Afterschool Meals?

Check out our [website](https://bestpractices.nokidhungry.org) to
get started!

bestpractices.nokidhungry.org



Resource!

Updated! [Afterschool Meals and Summer Meals Comparison Chart](#)

Check out all of our Afterschool Meals resources on our [website!](#)

Program Comparison of CACFP At-Risk Afterschool and SFSP



Serving meals to young people year-round benefits children, families, and care providers. To do this, many providers transition from operating the USDA Child and Adult Care Food Program (CACFP) At-Risk Afterschool (ARAS) during the school year to the Summer Food Service Program (SFSP) while school is out (FNS-GD-2019-0047). While many of the requirements are the same, there are differences in the meal patterns and program requirements that can be confusing. Overall, SFSP has less restrictions than CACFP and also receives a higher rate of reimbursement. For an overview of the main differences between SFSP and CACFP ARAS, see the comparison chart below.

Reimbursement			
	CACFP At-Risk Afterschool Only	For Both Programs	Summer Food Service Program Only
Reimbursement Rates	CACFP rates are updated annually in July. The most up to date rates can be found at cacfp.org/rates-of-reimbursement		SFSP rates are updated annually and the most up to date rates can be found at cacfp.org/sfsp/sfsp-policy
Notes on Rates	Follow CACFP "free" rates for July 1 - June 30 of each year	<ul style="list-style-type: none"> All meals for all eligible children are reimbursable at the same rate Reimbursement based on 'meals times rate' without comparison to actual or budgeted costs 	<ul style="list-style-type: none"> Follow SFSP rates for January 1 - December 31 of each year USDA commodities accrue for self-prep sponsors/sites at 1.5 cents per meal For camps: only meals served to Free and Reduced Meals (FARM) eligible children are reimbursable
Administrative Costs	Sponsors may allocate or retain up to 15% of meal reimbursements to cover administrative costs	Sponsors must maintain a record of costs but do not have to report them	
Meal Service			
	CACFP At-Risk Afterschool Only	For Both Programs	Summer Food Service Program Only
Meal Options	<ul style="list-style-type: none"> Reimbursement for supper and/or snack on regular school days Reimbursement for any one meal (breakfast, lunch, or supper) and/or snack on other days (including weekends and school breaks) Reimbursement for a second snack in lieu of a meal is allowable 	<ul style="list-style-type: none"> One or two meal services per day Congregate, on-site feeding for all meal services with option for one fruit, vegetable, or grain item to be taken off-site 	<ul style="list-style-type: none"> Open and closed enrolled sites: claim any two meals and/or snacks, except lunch and supper, on the same day Camps and migrant sites: may claim up to three meals per day Rural areas with no congregate meal service available may have the option of a non-congregate meal service
Meal Times	<ul style="list-style-type: none"> Meals and snacks must be served after school on school days; schools that meet USDA's definition of expanded learning time may serve before the final bell (CACFP 01-2011-Rev) No other restrictions on order, time, or spacing 	State restrictions may apply	<ul style="list-style-type: none"> A minimum of one hour must elapse between the end of one meal service and the start of another State agencies may approve meals served outside of service times if unanticipated events occur outside of sponsors' control Meals claimed as breakfast must be served at or close to the beginning of the day
Meal Preparation	Purchased and/or prepared on-site by facility (cash agreement with sponsor)	<ul style="list-style-type: none"> Supplied by sponsor through a vendor Prepared and/or delivered by sponsor 	
Meal Pattern	<ul style="list-style-type: none"> Updated CACFP meal standards took effect on October 1, 2017 Offer versus serve (OVS) is permitted for all meals (not snacks) provided by any sponsor or site Consists of 5 food components (grains, meats/meat alternates, fruits, vegetables and fluid milk) 	School Food Authorities (SFA) may opt to follow National School Lunch Program/School Breakfast Program meal patterns See Appendix A for meal patterns	<ul style="list-style-type: none"> Offer versus serve (OVS) is permitted for meals (not snacks) provided by SFA sponsors only May be approved to follow age-appropriate CACFP meal patterns if desired; must follow CACFP infant meal pattern if approved to serve infants Consists of 4 food components (grains/breads, vegetables/fruits, milk, meats/meat alternates)

bestpractices.nokidhungry.org cacfp.org

Resources

[Starting Afterschool Meals FAQs](#)

[Feeding A Crowd - Tips For Congregate Meal Service](#)

[Supper Makes Cents For Sponsors](#)

[Best Practices For Working With Vendors](#)

[Supper in the Classroom: Increase Access to Afterschool Meals](#)

[Afterschool Meals Umbrella Model](#)

[FAQs On Serving Afterschool Meals To Student Athletes](#)

[365 Days Of Service With Child Nutrition Programs](#)

Staffing

- [Hiring & Retaining Staff: Your Most Precious Commodity](#)
(webinar recording)
- [Staffing Up: Strategies For Working Through Labor Shortage Challenges](#)
- [Tips For Staffing Summer Meals Programs](#)

Area Eligibility:

- [Navigating Area Eligibility In Summer And Afterschool Meals](#)
- [USDA's Capacity Builder Map](#)
- [Averaged Area Eligibility Map](#)



FEEDING A CROWD – TIPS FOR CONGREGATE MEAL SERVICE

Requiring children to eat meals onsite can be a challenge in the summer meals program, but it doesn't have to be! This resource provides strategies to make congregate meal service easier for site staff and improve the experience for children and families.

Location, Location, Location

Select a desirable location for your site. Consider where kids, teens, and families gather naturally during the summer months. Some ideas:

- Parks and pools
- Recreation centers and playgrounds
- Splash parks
- Libraries

You can also consider places where parents or caregivers might already be going with their children. Be sure to work with managers or owners wherever you consider. If they do not allow an open meal site, consider an adjacent parking lot. Some ideas:

- Pediatrician offices and WIC clinics
- Laundromats
- Popular shopping and grocery stores

Tip! Have incentives for families that regularly attend. Punch cards with a prize are a great way to maintain participation.

Don't Forget to Decorate!

Make the space welcoming and comfortable for all.

If outside, set up a tent if there is no shade, offer picnic tables or blankets, and provide cold water to all. If inside, let your creativity run wild. Streamers, posters, and balloons add fun to your site. Bean bag chairs? Why not?!

Tip! Now that your site is camera ready, why not create a photo booth? Encourage families to share photos and include your site information – a fun activity and a promotional opportunity in one!

Programming resources

- USDA's [Summer Food, Summer Moves Resource Kit](#)
- [National Summer Learning Association](#)
- Partner with local youth-serving organizations



Resources from No Kid Hungry

Summer Meals Outreach Toolkit

- Sample social media posts
- Website blurbs
- Customizable flyers
- Template letters to caregivers
- Template FAQs

All in English and Spanish!



No Kid Hungry Texting Line and Free Meal Finder Map

Text “FOOD” or “COMIDA” to 304-304 to find the nearest summer meals site to you!

You can also visit NoKidHungry.org/Help or NoKidHungry.org/Ayuda for our interactive Free Meal Finder map of summer meals sites.



School's Out, Food's In!

No Kid Hungry Summer Webinar Series

February 28th at 3pm EST - [Planning for Summer Meals: Strategies to plan smarter, not harder](#)

March 28th at 3pm EST - [Make it Mobile: A deep dive into mobile meal programs](#)

April 25th at 3pm EST - [Spread the Word: Summer Meals and Summer Pandemic EBT outreach and promotion](#)

May 23rd at 3pm EST - [Strategies to Improve the Summer Meals Experience for Kids and Families](#)

June 20th at 3pm EST - [Year-Round Meals: Tips for transitioning from summer to afterschool meals](#)



**Maggie Lynch,
Director of Nutrition
Services, MetroWest
YMCA, MA**





Maggie Lynch RDN LDN
Director of Nutrition Services
MetroWest YMCA
Framingham, MA



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MetroWest YMCA- CACFP & SFSP

CACFP

- Sponsor since 2015
- Currently serve as sponsor for:
 - 2 childcare settings
 - 5 Outside School Time sites
 - 5 At-risk afterschool sites
- Allows us to operate 7 days a week- on weekends, vacation weeks, no school days
 - Breakfast and lunch or lunch and a snack during vacation weeks and no school days
 - Suppers on weekends
- Family style

SFSP

- Sponsor since 2019 (site previously for many years)
 - Currently serve as a sponsor for:
 - 2 camps
 - 3 enrolled
 - 14 open sites
 - 5 of which are mobile in parks
- Allows us to operate 7 days a week
 - Weekend lunches at 2 open sites
- Pre-plated/unitized

Meal Patterns

Child and Adult Care Food Program Lunch and Supper [Select the appropriate components for a reimbursable meal]					
Food components and food items ¹	Minimum quantities				
	Ages 1-2	Ages 3-5	Ages 6-12	Ages 13-18 ² (at-risk afterschool programs and emergency shelters)	Adult participants
Fluid Milk ³	4 fluid ounces	6 fluid ounces	8 fluid ounces	8 fluid ounces	8 fluid ounces ⁴
Meat/meat alternates (edible portion as served):					
Lean meat, poultry, or fish	1 ounce	1 ½ ounces	2 ounces	2 ounces	2 ounces
Tofu, soy products, or alternate protein products ⁵	1 ounce	1 ½ ounces	2 ounces	2 ounces	2 ounces
Cheese	1 ounce	1 ½ ounces	2 ounces	2 ounces	2 ounces
Large egg	½	¾	1	1	1
Cooked dry beans or peas	¼ cup	⅜ cup	½ cup	½ cup	½ cup
Peanut butter or soy nut butter or other nut or seed butters	2 Tbsp	3 Tbsp	4 Tbsp	4 Tbsp	4 Tbsp
Yogurt, plain or flavored unsweetened or sweetened ⁶	4 ounces or ½ cup	6 ounces or ¾ cup	8 ounces or 1 cup	8 ounces or 1 cup	8 ounces or 1 cup
The following may be used to meet no more than 50% of the requirement:					
Peanuts, soy nuts, tree nuts, or seeds, as listed in program guidance, or an equivalent quantity of any combination of the above meat/meat alternates (1 ounce of nuts/seeds = 1 ounce of cooked lean meat, poultry, or fish)	½ ounce = 50%	¾ ounce = 50%	1 ounce = 50%	1 ounce = 50%	1 ounce = 50%
Vegetables ^{7,8}	⅛ cup	¼ cup	½ cup	½ cup	½ cup
Fruits ^{7,8}	⅛ cup	¼ cup	½ cup	½ cup	½ cup
Grains (oz eq) ^{9,10,11}	½ ounce equivalent	½ ounce equivalent	1 ounce equivalent	1 ounce equivalent	2 ounce equivalents

Child and Adult Care Food Program Snack [Select two of the five components for a reimbursable meal]					
Food components and food items ¹	Minimum quantities				
	Ages 1-2	Ages 3-5	Ages 6-12	Ages 13-18 ² (at-risk afterschool programs and emergency shelters)	Adult participants
Fluid Milk ³	4 fluid ounces	4 fluid ounces	8 fluid ounces	8 fluid ounces	8 fluid ounces
Meat/meat alternates (edible portion as served):					
Lean meat, poultry, or fish	½ ounce	½ ounce	1 ounce	1 ounce	1 ounce
Tofu, soy products, or alternate protein products ⁴	½ ounce	½ ounce	1 ounce	1 ounce	1 ounce
Cheese	½ ounce	½ ounce	1 ounce	1 ounce	1 ounce
Large egg	½	½	½	½	½
Cooked dry beans or peas	⅛ cup	⅛ cup	¼ cup	¼ cup	¼ cup
Peanut butter or soy nut butter or other nut or seed butters	1 Tbsp	1 Tbsp	2 Tbsp	2 Tbsp	2 Tbsp
Yogurt, plain or flavored unsweetened or sweetened ⁵	2 ounces or ¼ cup	2 ounces or ¼ cup	4 ounces or ½ cup	4 ounces or ½ cup	4 ounces or ½ cup
Peanuts, soy nuts, tree nuts, or seeds	½ ounce	½ ounce	1 ounce	1 ounce	1 ounce
Vegetables ⁶	½ cup	½ cup	¾ cup	¾ cup	½ cup
Fruits ⁶	½ cup	½ cup	¾ cup	¾ cup	½ cup
Grains (oz. eq.) ^{7,8,9}	½ ounce equivalent	½ ounce equivalent	1 ounce equivalent	1 ounce equivalent	1 ounce equivalent

Endnotes:

Summer Food Service Program Meal Patterns

	Breakfast	Lunch or Supper	Snack ¹ (Choose two of the four)
Milk			
Milk, fluid	1 cup (8 fl. oz.) ²	1 cup (8 fl. oz.) ³	1 cup (8 fl. oz.) ²
Vegetables and/or Fruits			
Vegetable(s) and/or fruit(s), or Full-strength vegetable or fruit juice or an equivalent quantity of any combination of vegetables(s), fruit(s), and juice	½ cup ½ cup (4 fl. oz.)	¼ cup total ⁴	¼ cup ¼ cup (6 fl. oz.)
Grains and Breads⁵			
Bread or Cornbread, biscuits, rolls, muffins, etc.	1 slice 1 serving	1 slice 1 serving	1 slice 1 serving
Cold dry cereal or Cooked pasta or noodle product	¾ cup or 1 oz. ⁶ ½ cup		¾ cup or 1 oz. ⁶ ½ cup
Cooked cereal or cereal grains or an equivalent quantity of any combination of grains/breads	½ cup	½ cup	½ cup
Meat and Meat Alternates	(Optional)		
Lean meat or poultry or fish or alternate protein product ⁷ or Cheese or Eggs or Cooked dry beans or peas or Peanut butter or soy nut butter or other nut or seed butters or Peanuts or soy nuts or tree nuts or seeds or Yogurt, plain or sweetened and flavored or An equivalent quantity of any combination of the above meat/meat alternates	1 oz. 1 oz. ½ large egg ¼ cup 2 tbsp. 1 oz. 4 oz. or ½ cup	2 oz. 2 oz. 1 large egg ½ cup 4 tbsp. 1 oz. = 50% ⁸ 8 oz. or 1 cup	1 oz. 1 oz. ½ large egg ¼ cup 2 tbsp. 1 oz. 4 oz. or ½ cup

For the purpose of this table, a cup means a standard measuring cup.

Menus: CACFP Childcare & At-risk Afterschool

MAY 2023 MetroWest ELC & PEL				
Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST: WG Kix Mandarin Oranges 1	BREAKFAST: Oatmeal Banana 2	BREAKFAST: Yogurt Cup Sliced Grapes 3	BREAKFAST: WG French Toast Diced Peaches 4	BREAKFAST: WG Corn Flakes Blood Oranges 5
LUNCH: Grilled Chicken, Rice, Pear Slices & Green Peas SNACK: WG Pretzel Goldfish Applesauce	LUNCH: WG Pancake, Scrambled Eggs, Blueberry Compote & home fries SNACK: WG Sunchips Honeydew Melon	LUNCH: Chicken & Broccoli Alfredo w/ WG Pasta & Clementine SNACK: Cheese Stick & Apple	LUNCH: Sunbutter & Jelly on WG Bread, Strawberries & Carrots (Turkey & Cheese on WG Bread for Kids <4) SNACK: WG Blueberry Muffin Pineapple	LUNCH: WG Cheese Quesadilla, Cantaloupe & Green Beans SNACK: WG Animal Crackers Mixed Fruit
BREAKFAST: WG Banana Muffin Diced Peaches 8	BREAKFAST: WG Chex Cantaloupe 9	BREAKFAST: WG Bagel w/ CC Fruit Salad 10	BREAKFAST: WG Cheerios Diced Pears 11	BREAKFAST: Egg & Cheese Rollup Apple 12
LUNCH: Deconstructed Meatball Sub on WG Sub Roll, Orange Slices & Cucumber Slices SNACK: WG Rice Cake & Blueberries	LUNCH: Taco Tuesday! WG Tortillas, Pineapple, Beans & Seasoned Corn SNACK: WG Pretzel Nuggets Clementine	LUNCH: WG Dinner Roll, Fish Sticks, Mango & Cauliflower SNACK: Cheese Cubes & Kiwi	LUNCH: Turkey & Cheese on WG Bun Watermelon & Dill Pickle SNACK: WG Wheat Thins & Banana	LUNCH: WG Cheese Pizza, Honeydew Melon & Mixed Veggies SNACK: WG Graham Crackers Sliced Grapes
BREAKFAST: WG Shredded Wheaties Apple 15	BREAKFAST: Yogurt Cup Pineapple 16	BREAKFAST: WG Corn Flakes Diced Peaches 17	BREAKFAST: WG Waffle Sliced Grapes 18	BREAKFAST: WG Kix & Mixed Fruit 19
LUNCH: Chicken Parmesan, WG Dinner Roll, Cantaloupe & Broccoli SNACK: WG Cinnamon Goldfish Mandarin Oranges	LUNCH: Teriyaki Tofu, Quinoa, Honey- dew Melon & Carrots SNACK: WG Sunchips Banana	LUNCH: WG Pasta w/ Bolognese Sauce, Pear & Cucumbers SNACK: WG Animal Crackers Clementine	LUNCH: Ham & Cheese on WG Bread Blood Oranges & Dill Pickle SNACK: WG Banana Bread Strawberries	LUNCH: WG Cheese Quesadilla, Kiwi & Mixed Veggies SNACK: Sunbutter & Apple Slices (Cheese Stick for Kids <4)
BREAKFAST: WG Apple Cinnamon Muffin & Banana 22	BREAKFAST: WG Cheerios & Mango 23	BREAKFAST: WG Bagel w/ CC Diced Pear 24	BREAKFAST: WG Chex & Sliced Grapes 25	BREAKFAST: WG Egg & Cheese Bake Pineapple 26
LUNCH: Deconstructed Steak & Cheese on WG Sub Roll, Orange Slices & Sau- téed Peppers & Onions SNACK: Broccoli & Queso Dip	LUNCH: WG French Toast, Yogurt Cup, Strawberry Compote & Carrots SNACK: WG Graham Crackers Honeydew Melon	LUNCH: Chicken Nuggets, WG Dinner Roll, Apple & Corn SNACK: Cheese Cubes & Applesauce	LUNCH: Subutter & Jelly on WG Bread, Blueberries & Sugar Snap Peas (Ham & Cheese on WG Bread for Kids <4) SNACK: WG Triscuits & Cantaloupe	LUNCH: WG Cheese Pizza, Watermelon & Mixed Veggies SNACK: Strawberry & Kiwi Yogurt Smoothie
NO PROGRAM! 29	BREAKFAST: Oatmeal & Mixed Fruit 30	BREAKFAST: Yogurt Cup & Blueberries 31		
	LUNCH: Fajitas! WG Tortillas, Diced Mango, Shredded Chicken & Sautéed Peppers & Onions SNACK: Sunbutter Fruit Dip & Banana (Cheese Stick for Kids <4)	LUNCH: WG Mac N' Cheese, Pear & Broccoli SNACK: WG Rice Cake & Strawberries		

MAY 2023 Framingham OST				
Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST: WG Pretzel Goldfish Applesauce Queso Dip Bell Peppers 1	BREAKFAST: WG French Toast Clementine Scrambled Eggs Homefries 2	BREAKFAST: Chicken & Broccoli Alfredo w/ WG Pasta Sliced Pears 3	BREAKFAST: WG Blueberry Muffin Banana Yogurt Cup Green Beans 4	BREAKFAST: WG Cheese Quesadilla Apple Refried Beans 5
BREAKFAST: WG Chex Banana Cheese Cubes Cucumber Slices 8	Taco Tuesday! WG Tortillas Pineapple Ground Beef Seasoned Corn 9	BREAKFAST: WG Dinner Roll Fish Sticks Fruit Salad Cauliflower 10	BREAKFAST: WG Meatball Sub Cantaloupe Mixed Veggies 11	BREAKFAST: WG Cheese Pizza Strawberries Vegetable Medley 12
BREAKFAST: WG Cinnamon Goldfish Craisins Sunbutter Celery 15	BREAKFAST: Chicken Caesar on WG Wrap Banana Bell Peppers 16	BREAKFAST: WG Pasta w/ Bolognese Pear Cucumbers 17	BREAKFAST: WG Popcorn Grapes Cheese Cubes Sugar Snap Peas 18	BREAKFAST: Ham & Cheese on WG Bread Apple Slices Dill Pickle 19
BREAKFAST: WG Cherrios Banana Queso Dip Broccoli 22	BREAKFAST: WG Graham Crackers Honeydew Melon Turkey & Cheese Roll Up Carrot Sticks 23	BREAKFAST: WG Dinner Roll Chicken Nuggets Apple Corn 24	BREAKFAST: WG Steak & Cheese Clementine Sautéed Peppers & Onions 25	BREAKFAST: WG Cheese Pizza Strawberries Mixed Veggies 26
NO PROGRAM! 29	Fajitas! WG Tortillas Mango Shredded Chicken Sautéed Peppers & Onions 30	BREAKFAST: WG Mac N' Cheese Orange Slices Green Beans 31		

Menus: SFSP

JULY 2023				
Camp OCP, Ninjas, Stepping Stones, Pelham, Pusan & Interfaith				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Breakfast: WG shredded wheat cereal & clementine Lunch: Ham & cheese on WG bun, snap peas & apple</p>	<p>4</p> <p>NO CAMP!</p>	<p>5</p> <p>Breakfast: Yogurt Parfait (yogurt, strawberry, granola) Lunch: Snack Pack! Salami & cheese, WG wheat thins, pineapple & cucumbers</p>	<p>6</p> <p>Breakfast: WG pancake & mixed fruit cup Lunch: Meatball sub on WG bun, broccoli & watermelon</p>	<p>7</p> <p>Breakfast: WG Chex cereal & peach Lunch: BBQ chicken on a WG bun, carrots & fruit salad</p>
<p>10</p> <p>Breakfast: WG Kix cereal & apple Lunch: Italian sub on WG roll, cherry tomatoes & plum</p>	<p>11</p> <p>Breakfast: WG apple cinnamon muffin & mixed fruit cup Lunch: Chicken kebab with peppers, onion, summer squash, WG pita bread & clementine</p>	<p>12</p> <p>Breakfast: WG oatmeal raisin breakfast bar & banana Lunch: Snack Pack! WG Goldfish, apple slices, sun butter, celery & cheese stick</p>	<p>13</p> <p>Breakfast: WG French toast & mango pieces Lunch: Chicken caprese pesto sandwich on WG flatbread, carrots & peach</p>	<p>14</p> <p>Breakfast: WG Cheerios & blueberries Lunch: Cheese quesadilla, corn & watermelon</p>
<p>17</p> <p>Breakfast: WG rice crisp cereal & apple Lunch: Turkey wrap, grapes & carrots</p>	<p>18</p> <p>Breakfast: WG banana muffin & applesauce Lunch: Chicken teriyaki with WG noodles, blended vegetables & mandarin oranges</p>	<p>19</p> <p>Breakfast: WG Bagel, cream cheese & banana Lunch: Snack Pack! Yogurt, honeydew melon, hummus, zucchini sticks, WG Teddy Grahams</p>	<p>20</p> <p>Breakfast: WG Waffle & Blueberry compote Lunch: Steak & cheese on WG roll, peppers & onions & pear</p>	<p>21</p> <p>Breakfast: WG Cork flakes & mixed fruit Lunch: Cheese pizza, salad with dressing & watermelon</p>
<p>24</p> <p>Breakfast: WG shredded wheat cereal & clementine Lunch: Ham & cheese on WG bun, snap peas & apple</p>	<p>25</p> <p>Breakfast: WG blueberry muffin & banana Lunch: Taco salad with cheese & beans, rice, lettuce, salsa & cantaloupe</p>	<p>26</p> <p>Breakfast: Yogurt Parfait (yogurt, strawberry, granola) Lunch: Snack Pack! Salami & cheese, WG wheat thins, pineapple & cucumbers</p>	<p>27</p> <p>Breakfast: WG pancake & mixed fruit cup Lunch: Meatball sub on WG bun, broccoli & watermelon</p>	<p>28</p> <p>Breakfast: WG Chex cereal & peach Lunch: BBQ chicken on a WG bun roll, carrots & fruit salad</p>

What's cooking in SFSP?!



What's the difference?

- Community organizations cannot participate in Offer vs serve, instead must have everything pre-plated/packed
 - During school year we operate family style
 - Summer everything packaged in containers or brown bag lunches
- Summer we serve cold menus, school year are able to do mostly hot
- Able to offer more local produce on our menus due to summer availability- partner with local farms for weekly deliveries
- Reimbursement is higher on SFSP versus CACFP- helps us with additional packaging needed for unitized meals
- CACFP required licensing for programs or alternate licensing (fire and building inspection) but SFSP does not

Transitioning to year-round service

- After determining need in your community, talk with other Sponsors, if any, to make sure there is no overlap
 - Different states have mileage minimums between sites
 - Priority goes to SFAs
- Write letter of intent to MA-DESE
- Attend trainings and complete application, talk to local BOH
- Once approved, visit all sites prior to start of program, plan monitoring visits and all trainings for the summer
- Assist from grants to help support expansion
- Easy to transition CACFP to SFSP!!

Benefits to Year-Round Programming

- Reduce risk of malnutrition
- Increase access to nutritious meals
- Engagement during summer months to reduce setbacks in socialization and educational milestones
- Creates community and trust in the community to your organization
- Establish partnerships to utilize year round



How to grow your program

- Where do kids congregate?
 - Excellent communication
 - Exciting, nutritious, culturally relevant menus
 - Feedback and buy in from staff and youth in programs
-
- ★ When setting up applications for SFSP begin the conversation that CACFP is an option in the fall to continue providing after school or weekend meals for the kiddos
 - Follow up the conversation at site reviews and prior to the summer's end



**Andrea Garcia Schoelzel,
Health Initiatives
Administrator, Denver
Office of Children's
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Tasty Food: Where Denver Youth Eat Free

SFSP/CACFP

- Sponsorship launched in 2012
- Serving year-round sites for 11 years
- 21 year-round sites; our goal is 40+

SITE TYPES

- Recreation Centers (Open)
- Libraries (Open)
- Community Based Organizations (Closed-enrolled)

STATE AGENCIES

- Colorado Department of Education
- Colorado Department of Public Health & Environment

Benefits of Operating Year-Round Sites

Consistent access to meals & snacks for youth; streamlines outreach

Ease of training and site expansion across SFSP & CACFP

Ability to provide weekend & holiday meals throughout the school year





Q&A



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THANK YOU

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