Welcome!

We'll get started soon. While we wait for other attendees to join, please answer this question in the chat box:

What is your favorite way to engage students?





Morning Momentum: Boosting Student Engagement in Breakfast

October 26, 2023





Things to Know as We Begin

- The slide deck will be shared via email after the webinar along with the recording.
- To engage with other attendees, please use the <u>chat box</u>.
- If you have questions for the speakers, please enter those into the <u>Q&A box</u>.
- able.

 Chat Q&A Live Transcript





Agenda

- Speaker Introductions
- Breakfast After the Bell
- Speaker Presentations
- Q&A



Speaker Introductions

Moderator: Summer Kriegshauser, Senior Program Manager, Share Our Strength

Speakers:

- Riya Rahman, Senior Manager, Youth Engagement and Empowerment, Share Our Strength
- MaRendia Garner, Supervisor of School Nutrition, Greensville County Public Schools, VA



Breakfast After the Bell (BAB)



Alternative serving model(s) where breakfast is served after the official start of the school day and students are allowed to eat outside of the cafeteria

- Breakfast in the Classroom
- Grab and Go to the Classroom
- Second Chance Breakfast





Breakfast After the Bell

- ✓ <u>Sets an equitable playing field</u> Ensures more children have access to a nutritious meal no matter how a student arrived at school, what food a student had available at home, or when that student's hunger comes on in the morning.
- ✓ Meets the unique needs of the school building and culture -Alternative models are adaptable to meet the unique goals of your school and classroom.
- ✓ Brings school breakfast into the school day It can be an integral part of school culture and the daily schedule.



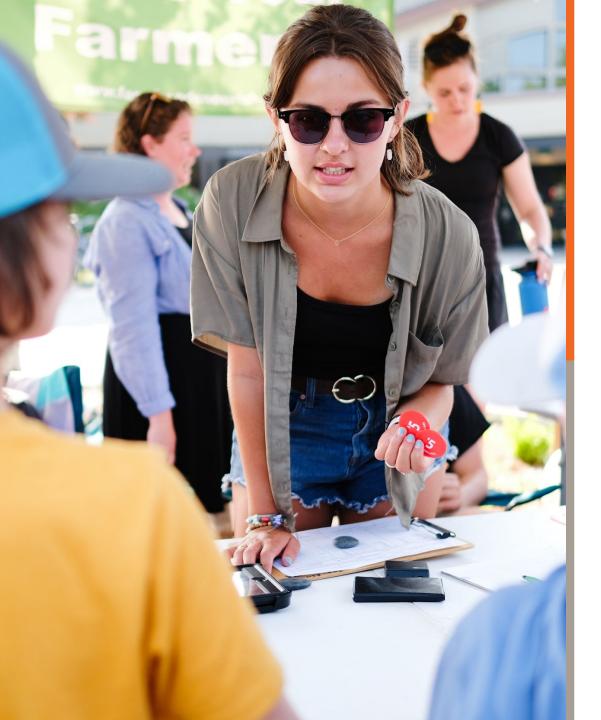
Gathering Student Feedback: An Essential Toolkit

Riya Rahman - Senior Manager, Youth Engagement and Empowerment, Share Our Strength



Why gather student feedback?

A <u>recent study by No Kid Hungry and FM3</u> found that 87% of teenagers (ages 12-18) would be more likely to participate in school meals if they knew their school gathered feedback from students about how to improve them. This is a great opportunity to gather student input and recommendations to help increase student engagement in school meals and improve program participation.



Start with a Survey!

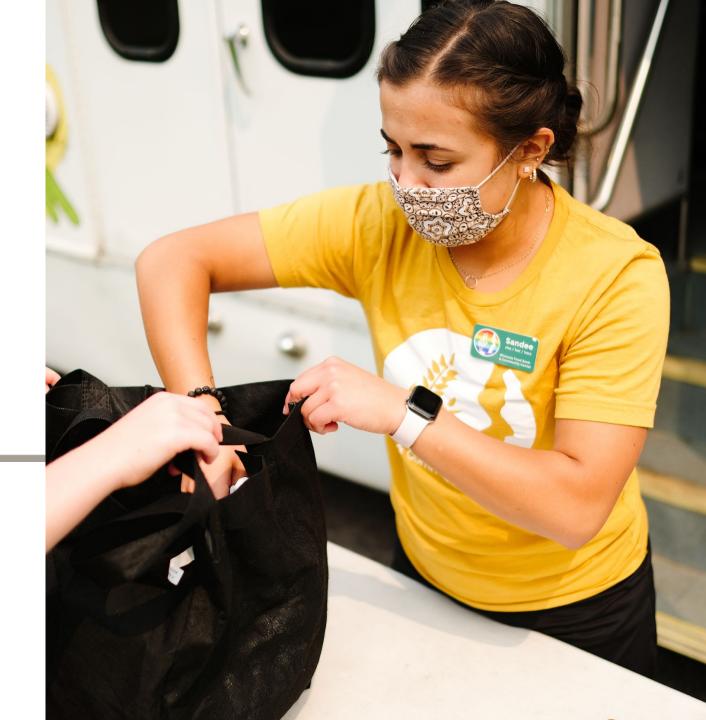
Surveys allow students to provide pointed feedback on specific menu items and cafeteria logistics in a format without any pressure or repercussions. Surveys are also helpful for identifying which students to engage in listening sessions down the road.

Why are these questions important?

Surveys reach a larger audience than listening sessions, making them the perfect place to seek mass feedback on menu offerings and service models.

Listening Sessions

This format allows students to discuss their thoughts and beliefs with a facilitator and their peers, helping students expand upon each others ideas and even voice differences in opinions.



Who should be involved?

- The Nutrition Team who is responsible for the success of child nutrition programs?
- Program Administrators who is responsible for the implementation of child nutrition programs?
- Facilitator who will act as the facilitator for the discussion?
- Students who are your program participants?

Organizing the Sessions

- An ideal session has 5-8 students that lasts 45 minutes
- Compensate your participants
- Create a brave space for discussion and address power dynamics that can occur in these settings
- Use a discussion framework to help move the conversation along



There are links to resources like English and Spanish surveys, sample flyers, listening session guidelines and frameworks, and more in our ONLINE TOOLKIT.





MaRendia Garner - Supervisory of School Nutrition Greensville County Public Schools

Fast Facts

★ Student Enrollment: over 2000

★ Number of Schools: Three

★ CEP: Yes

★ Geography: Rural/Urban

★ School Nutrition Staff: 35





Q&A





Stay in Touch!

Subscribe to our newsletter:

www.bestpractices.nokidhungry.org/subscribe

Visit our website:

www.bestpractices.nokidhungry.org





Your Feedback is Appreciated!

At the conclusion of this webinar, a 5-question survey will open in your browser window.

Please take a moment to complete it.





Thank You for Attending!

Summer Kriegshauser

No Kid Hungry | Center for Best Practices
skriegshauser@strength.org

