

## SUMMER NUTRITION SUMMIT







**JANUARY 23-24, 2024** 

# Expanding Reach with Program Integrity - Rural Non-Congregate Meals

Tuesday January 23, 2024

**SUMMER NUTRITION SUMMIT 2024** 





#### **Agenda**

#### **Welcome & Introductions**

 Eleni Towns - Director, State Campaigns, No Kid Hungry campaign, Share Our Strength

#### **Expanding Reach with Program Integrity**

- Marisa Kirk-Epstein Senior Director, Research, Data and Policy Analysis, Center for Best Practices, Share Our Strength
- Randa Meade, MS, MPH, RDN Professional Development and Summer Feeding Specialist, Tennessee Department of Education
- Samantha Mozdzierz, MSA, RDN, SNS SFSP Manager
   Michigan Department of Education

#### **Table Discussions**



#### **Marisa Kirk-Epstein**

Senior Director, Research, Data and Policy Analysis, Center for Best Practices, Share Our Strength



## No Kid Hungry Summer 2023 Non-Congregate State Agency Survey and Debrief

#### State Agency Survey

- October/November 2023
- 38 states responded

#### State Agency Debrief

- October 2023
- 23 states participated



#### **Overarching Takeaways**

- Everyone did the best they could with limited guidance and a short time frame
- Everyone is still trying to figure this out!



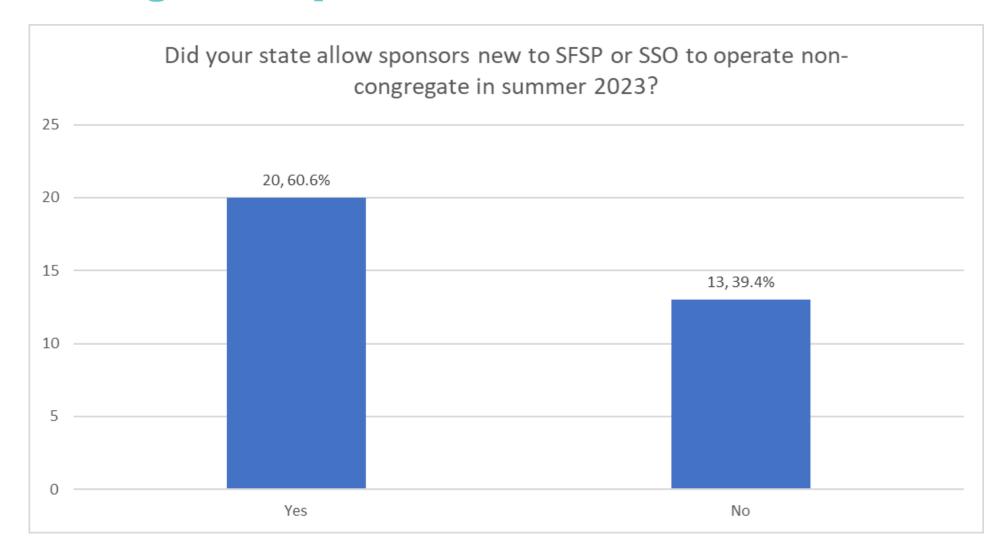
## **State Agency Survey Findings- Maintaining Program Integrity**

#### What policies or processes did your state put in place in order to maintain program integrity?

- Limitations on sponsors or meal service model type or other program flexibilities:
  - New and Community sponsors
  - Home Delivery
  - # of days of meals (usually 5-7 days)

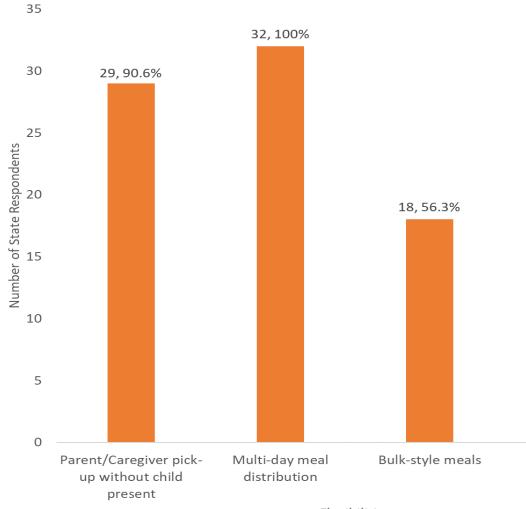


#### **Allowing New Sponsors**





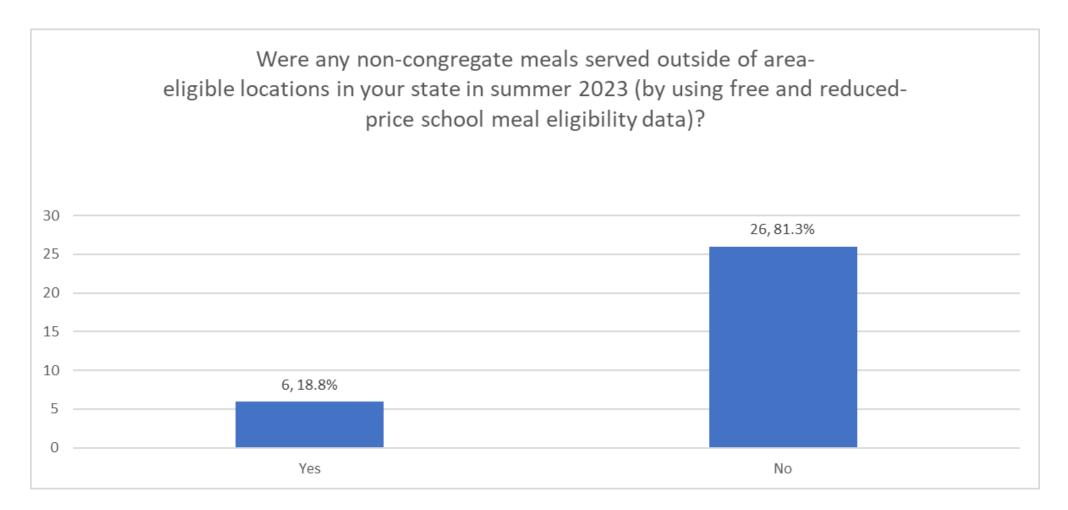
#### **Allowed Non-congregate Flexibilities**







#### **Non-Area Eligible Locations**





## **State Agency Survey Findings- Maintaining Program Integrity**

#### What policies or processes did your state put in place in order to maintain program integrity?

- In-person or web-based sponsor training resources
- Site visits, administrative reviews, and/or compliance reviews
- Close communication with sponsors when developing program integrity plans
- Sponsors need to demonstrate how they would avoid duplicate meals
- Menu collection and approvals
- Clear plan for home delivery and identifying families, documenting consent
- Food safety considerations and protocol
- Meal claim assistance for sponsors
- Family applications, rosters, and showing IDs
- Parent agreement that they would not pick up duplicate meals
- Communication to parents that meals were to be consumed by children (child not present)



#### **Balancing Access and Integrity**

- How to prevent integrity measures from becoming a barrier to access?
- When are families required to do too much to access meals?



#### **Defining Access to a Site**

#### How did your state define "access to a congregate site" in order to determine non-congregate eligibility?

- Distance (ranging from a quarter mile to 10 miles)
- Presence of a highway or other physical barriers
- If marketing for both site types would be for the same children
- Other sponsor reported justifications or rationale in application



#### **Opportunities for Idea Sharing and Support**

- Defining access to a site, co-locating congregate and non-congregate sites, and preventing duplicate meal service
- Home delivery
- Parent pickup without the child
- Non-area eligible locations/conditional sites





Randa Meade MS, MPH, RDN Professional Development and
Summer Feeding Specialist,
Tennessee Department of Education



#### **Compliance that Feels Like Support**







#### **Application to Participate**

- Site name, address, service model
- Describe the process in place to ensure integrity of the program when utilizing non-congregate meal service models.
- How will you ensure that a child does not receive more than the maximum number of allowable meals?
- If implementing a parent-pick up model, how do you plan to ensure a parent or guardian is only picking up one meal per child?





#### **Tennessee SSO Rural Non-Congregate by the Numbers**

- Approved 32 SFAs to operate
- 29 SFAs filed a rural non-congregate feeding claim
- Approved 145 rural non-congregate sites
- 125 sites filed a rural non-congregate claim
- Approved 54 sites in rural pockets
- 1,027,459 rural non-congregate meals served
- 5,211,944 total summer meals served





#### **Operating Models**

- Communication with SFSP team
- Sites operating at the same time to limit ability to visit multiple sites
- Food separated into different color bags based on temperature
  - Red hot; white refrigerated; blue frozen
- Closed congregate sites with open noncongregate sites
- Mobile routes operating as non-congregate to feed more kids
- The onus of program integrity was placed on participants – SFAs made it clear in advertising that one meal type per child per day was allowed.





#### **Lessons Learned**

- Would have asked for more detailed information on operating plans
  - This will be available in the 2024 application packet.
- Non-congregate meal count sheets
- Targeted and pro-active technical assistance to participating SFAs
- Additional training opportunities needed – this was limited due to the timeline of guidance from USDA



#### Daily Meal Count Form for Use in Non-Congregate Summer Feeding for Seamless Summer Option (SSO)

Each serving day, every site must take a point-of-service meal count for meals served. Possible meals to be served are breakfast, lunch, morning or afternoon snacks, and supper. A site can serve any combination of two meals except for both lunch and supper. A different form should be used for each meal type

The following fields should be completed prior to meal service:

- Site name: write the name of the summer feeding site
- . Site manager: write the name of the site manager
- Serving date: write the date that meals are being distributed
- . Number of Meals Distributed; write the number of meals that are being given to each child
- Intended Consumption Dates:



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Signature

#### ABC School District

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Samantha Mozdzierz MSA, RDN, SNS
Summer Food Service Program
Manager, Michigan Department of
Education

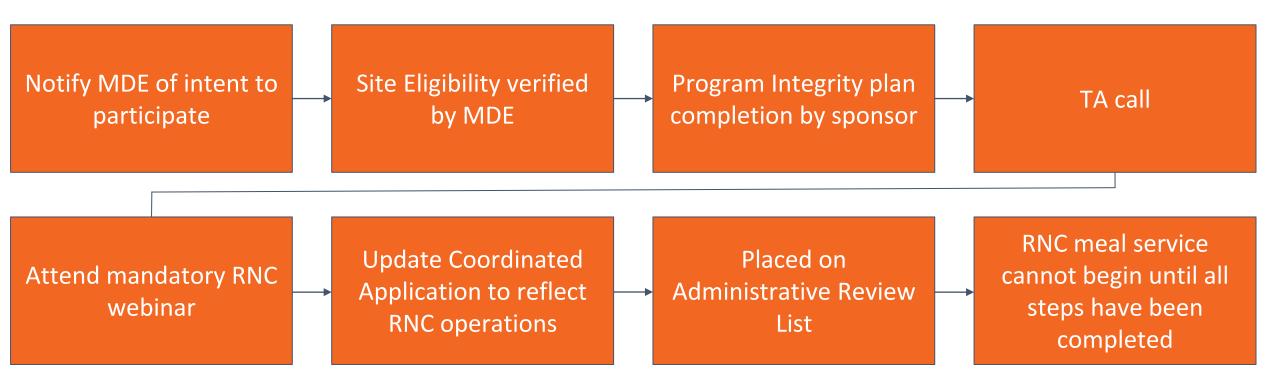


#### Rural Non-Congregate (RNC) for Michigan 2023

**Approved RNC Approved RNC** Sponsors: Sites: 44 64 RNC = 31% of total + **SFSP Meals Total RNC** 2023 SFSP Meals **Meals Served:** (Congregate & Non-Congregate): 1,351,532 4,384,076



#### **Michigan Process to Participate**





#### **Program Integrity Plans**

#### Areas of focus:

- Operational Overview
- Equitable Access
- Counting and Claiming
- Meal Quality and Components
- Sample Menu

Program Integrity Plan required for every RNC sponsor.

Plan is built into 2024 application.



#### **RNC Operations**

Daily Meals/ Multiple Meals **Distribution Models** Mobile Route/ Home Delivery Permission slips encouraged Parent/Guardian Pick Up Child does not need to be present Required for each meal when multiple meals Menus/Production Records/ provided **Food Safety** Safety Instructions included Only if no congregate meal service **Access to Congregate Sites** Case by case basis **Bulk Food Items** Only allowed for milk and juice



#### **Successful Models**

 If sponsor had multiple sites, encourage them to do same meal service time at all sites to prevent double dipping

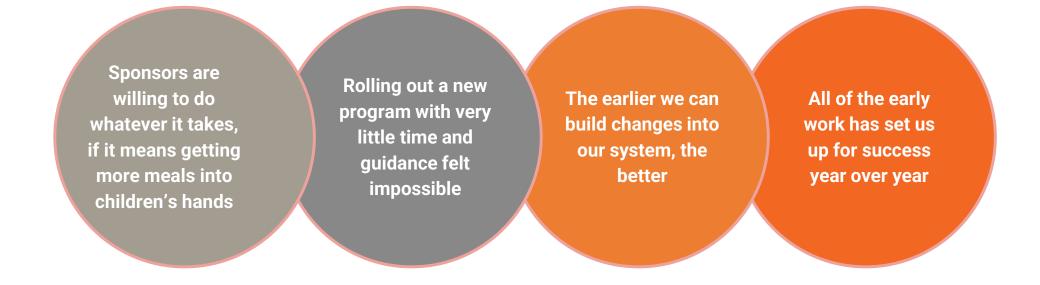
 Many sponsors created sign-up sheets (encouraged sponsors to have additional meals available for people who don't sign up)

 Most sponsors chose to do 7 days of meals at one time



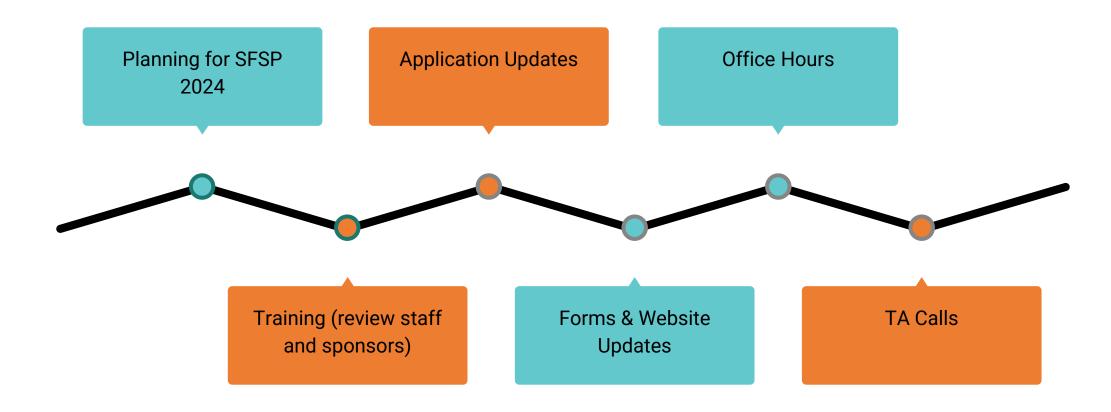


#### **What We Learned**





#### **Next Steps**





## Q & A





## Table Discussions Led by NKH Staff

