Welcome!

We'll get started soon. While we wait for other attendees to join, please answer this question in the chat box:

What's one menu item that is popular at your summer meals sites?





Summer Success:
Boosting Participation
with Expert Menu
Planning

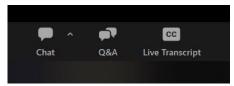
April 30, 2024





Things to Know as We Begin

- The slide deck will be shared via email after the webinar along with the recording.
- To engage with other attendees, please use the <u>chat box</u>.
- If you have questions for the speakers, please enter those into the <u>Q&A box</u>.
- Closed captioning is available.







Agenda

- Introductions
- Speakers
- Q&A





Olivia Smart, Dietitian Bozeman, Montana





"Kids Summer Lunch Program"

Bozeman, MT: 56,113 residents. Considered one of the fastest growing micropolitan areas in the country.

Bozeman Public Schools: 7,386 students; 8 elementary schools, 2 middle schools, 2 high schools

Free and Reduced Eligibility: 21.34%

Summer 2023: 34,000 meals served over 11 weeks

Average of 600 meals served daily.

6-7 sites around our community





| Monday | Tuesday | Wednesday | Thursday | Friday | Offered |
|---|--|--|---|--|---|
| BREAKFAST | | | | | |
| Fruit and Grain Bar String Cheese Juice Milk | Banana Oat Muffin String Cheese Orange Milk | Cereal/Granola Yogurt Banana Milk | Bagel or English Muffin Cream Cheese Apple Sauce Cup Milk | Banana Oat Muffins String Cheese Apple Milk | Breakfast offered every week. |
| LUNCH | | | | | |
| Ham and Cheese Sandwich Deli slices (2 oz.) Slice cheese (1 oz.) Whole Wheat Bread (2 oz.) Apple Slices (4 oz.) Veggie Dippers (2oz) & Dressing (1 oz.) 1% Milk (8 FL oz.) | Winter Squash Hummus Wrap Chickpeas (2 oz.) Shredded Carrot and Sliced Pepper (2 oz.) Whole Wheat Tortilla (1 oz.) Orange (4oz) 1% Milk (8 FL oz.) *Our hummus contains peanuts alternative protein available for those with nut allergies | Peanut Noodles Whole wheat noodles (4oz) Chicken or Tofu (2oz) Peanut Sauce (1oz) Banana (4 oz) Peas and Carrots(2oz) 1% Milk (8 FL oz.) *alternative protein available for those with nut allergies | Bean Burritos Bean & Cheese mix (2 oz) Whole Wheat Tortilla (1 oz) Fiesta Corn Salad (2 oz) Apple Slices (4oz) 1% Milk (8 fl oz) | Santa Fe Chicken wrap Chicken strips (2oz) Salsa (1 oz.) Shredded Cheese (1 oz.) Whole Wheat Tortilla (1 oz.) Carrot Stix (4 oz.) Apple (4oz) 1% Milk (8 FL oz.) | Weeks of June 12 th June 26 th July 10 th July 24 th August 7 th August 21 nd |
| Peanut Butter & Jelly Sammy's Adams Peanut butter (1oz) Homemade Jelly (.5oz) Whole Wheat Bread (1oz) Apple Slices(4oz) Veggie Dippers (2 oz.) String cheese (1 oz.) 1% Milk (8 FL oz.) *alternative protein available for those with nut allergies | Turkey and Cream Cheese Wrap Deli slices (2 oz.) Cream cheese (1oz) Whole Wheat Tortilla (1oz) Carrots and Greens (2 oz.) Goldfish Orange (4oz) 1% Milk (8 FL oz.) | Pesto Pasta Salad With Lentils, Tomato's, and Mozzarella Whole Wheat noodles (2oz) Tomato & Summer Squash (2oz) Lentils & Mozzarella (2 oz.) Banana (4oz) 1% Milk (8 FL oz.) | Pizza Roll-ups WW Tortilla (2oz) Lentil Marinara Sauce (1oz) Shredded Mozzarella (1oz) Apple Slices (4oz) Green Salad (2oz) 1% Milk (8 fl oz) | Three Bean Taco Salad Beans (20z) Salad Greens (20z) Corn chips (20z) Dressing (10z) Apple (40z) 1% Milk (8 FL 0z.) | Weeks of June 19 th July 3 th July 17 th July 31 th August 14 st |









Silke West

Sinton ISD

Food Service Director



A Small Town in Texas "City of Parks"

Population: 5,510

District Enrollment: 2,030

Free/Reduced (CEP): 94.4%

Summer Sites: 1

Breakfast Participation: 70

Lunch Participation: 110



State Troops volunteer during non-congregate curbside meal service





Sinton ISD Non-Congregate Summer Menu: Breakfast

Chocolate Muffin
Strawberry Breakfast Cracker
Sliced Apple package
100% Orange Juice
Milk: Student Choice

Pop Tart - Blueberry Vanilla Breakfast Cracker Sliced Apple package 100% Orange Juice Milk: Student Choice

15.

Cinnamon Roll
Chocolate Breakfast Cracker
Fresh Banana
100% Orange Juice
Milk: Student Choice

Banana Muffin Strawberry Breakfast Cracker Sliced Apple package 100% Orange Juice Milk: Student Choice Sausage & Biscuit
Assorted Breakfast Crackers
Sliced Apple package
100% Orange Juice
Milk: Student Choice

Friday: Super Donut w/ Sides

Saturday: Pop Tart w/ sides

Sunday: Cereal w/ sides

(Sides: Breakfast Crackers

100% Orange Juice, Milk: 1% White)

Friday: Cereal Bar w/ Sides
Saturday: Pop Tart w/ sides
Sunday: Cereal w/ sides
(Sides: Breakfast Crackers

100% Fruit Juice, Milk)

2



Sinton ISD Non-Congregate Summer Menu: Lunch

Macaroni & Cheese w/ Ham
Baked Beans
Baby Carrots & Ranch
Fruit Cup, Fresh Fruit
Milk: Student Choice

Dried I

Steak Fingers, Roll
Mashed Potatoes, Gravy Cup
Green Beans
Dried Fruit, Fresh Fruit
Milk: Student Choice

Cheeseburger, Mustard, Ketchup Fries or Tots, Baby Carrots & Ranch Fruit Cup, 100% Juice Cup Pickle Cup, Mini Brownie Cup Milk: Student Choice Chicken Alfredo, Breadstick Steamed Broccoli Side Salad, Ranch Fruit Cup, Fresh Fruit Milk: Student Choice

Spanish Rice
Pinto Beans, Baby Carrots & Ranch
Fruit Cup, Fresh Fruit
Milk: Student Choice

Chicken Faiita with Tortilla

BBQ Pulled Pork on Bun BBOW Carrots & Ranch Green Beans, Pickles Green Beans, Fresh Fruit Oried Fruit, Fresh Choice

Creamy Chicken over Garden Rice, Bread, Green Beans Cucumber Slices & Ranch Dried Fruit, Fresh Fruit

25.

Milk: Student Choice

Pepperoni Pizza Slice
Steamed Broccoli
Side Salad, Ranch
Fruit Cup, Fresh Fruit
Milk: Student Choice



Friday: Sunbutter Cups, Goldfish Saturday: Large Uncrustable PB&J

Sunday: Tostito Chips, Cheese Sauce

(Sides: Paradise Punch, Fruit,

Milk: Fat Free Chocolate)

Friday: IW Microwave Pizza , Goldfis Saturday: Large Uncrustable PB&J Sunday: Peanuts, Cheese Stick, Crackers (Sides: Paradise Punch, Fruit, Milk)



Asian Bowl: Cherry Blossom Chicago with Rice, Mini Egg Roll, Fortune Cook Steamed Broccoli

Paradise Punch

Fruit Cup, Fresh Fruit Milk: Student Choice

3.



Sinton ISD Non-Congregate Summer Menu:

Food Fusion Fridays

Know where to hold steady on your menu...

☐ Tried and True student favorites

Have fun with the menu where you can...

Food Fusion Fridays



Honey Basil Fruit Cups



Watermelon Radish Salads









Rachael Jones

Farm to School of Park County, Montana

Executive Director



The REAL Yellowstone



Where is Park County, MT??

North Border of Yellowstone **National Park**

23 Miles East of Bozeman

County Seat: Livingston, MT

Population: 8,000 (more cattle than humans)

District Enrollment: 1,347

Free/Reduced (not CEP):

43%

Summer Sites: 7





Farm to School of Park County

- Our Mission: Guiding schools and communities in building a prosperous and equitable local food culture
- We are an independent non-profit with a close working relationship with Park County school districts.
- We see a future where all Park County kids have a deep and meaningful connection to food and where it comes from.







Our Summer Meals Story

- 2013 Summer Lunch in the Park starts in Livingston
- 2015 MSN Money reported that Livingston was the poorest city in Montana
- 2015 and 2019 USDA Food Access Research Atlas, Park County classifies as a Low Income and Low Access
- 2015-2020 cluster of local teen deaths by suicide
- 2018 Montana had the highest suicide rate in the U.S. and Park County ranked 28th in all counties nationwide.
- 2018 Collective Impact Initiative deepens Farm to School partnerships in local schools
- 2020 Summer Meals expands to 17 sites and serves 1,000 meals daily
- 2020 F2S achieves nonprofit status
- 2021 to present community approach to addressing summer hunger gap is sustained



Livingston Summer Lunch in the Park

- **District Enrollment:** 1,347
- Free/Reduced (not CEP): 43%
- Summer Sites: 5 City Parks, 1 Public Museum, 1 School
- **2023 Summer Participation:** 8,600 meals







Key Partnerships

- **Livingston School District -** SFSP sponsor, lead kitchen, menu development, procurement support for other kitchen partners
- Livingston Food Resource Center supporting kitchen, menu development, delivery to 3 sites
- City of Livingston Parks Dept site prep & mgmt, outreach/signage
- City of Livingston Rec Dept outreach, education and summer camp programing
- Farm to School of Park County provides delivery vehicles, menu development, local food procurement support, fundraising, outreach, education, partnership management



Partnerships in Action









Summer or School Meals?









Summer Meals as Extension of School Meals

- **Cafeteria Taste Tests**
- **Garden-Enhanced Nutrition Education**
- Farm to School Summer Programs LINKS, K-8, Internships/Apprenticeships
- Montana Harvest of the Month
- **Annual School Food Surveys**























- Themes, not menus
- Flexible Fridays
- 2-week recipe cycle
- Featuring kid-approved recipes from the school year
- **Prioritizing hot meals**
- Farm Fresh produce

LIVINGSTON

WEEKLY MENU

Monday: Mac Mondays Tuesday: Southwest Wednesday: Asian Fusion Thursday: Italian-inspired Friday: Adventure Fridays

- improved summer lunches
- 18 and under eats for free Anyc
- lication, no registration, JUST SHOW UP
- your lunch location below every site will feature the ne fresh, healthy, scratch-cooked meals all summer long

LUNCH SITÉS

Mars Park

June 20-August 12 11:30am-12:10pm Monday-Friday

G Street/

Mike Webb Park

June 20-August 12

12:30pm-1:15pm

Monday-Friday

Katie Bonnell Park

Reservoir

12:00-12:45pm

Monday-Friday

Park

Sacajawea Park

June 13-August 20 11:30am-12:30pm Monday-Friday

June 20-August 5 Breakfast: 8:45-9:30am Lunch: 11:30am-12:30pm Monday-Friday

Park High School

Green Acres Park

NO MEAL SERVICE ON July 4 & 5

Brought to you by Livingston Public Schools in cooperation with







LIVINGSTON SCHOOL KITCHEN: 406,222,0209



Farm Fresh Summer









Congregate vs Non-congregate?

Starting in 2024, all sites will offer BOTH!







Q&A





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Visit our website:

www.bestpractices.nokidhungry.org





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At the conclusion of this webinar, a 5-question survey will open in your browser window.

Please take a moment to complete it.





Thank You for Attending!

