

# YOUTH Energizing Summer Nutrition Programs



**Summer Nutrition Summit 2024** 

## **Agenda**

- Introductions
- Panel Presentations
- Q&A
- Breakout Groups
- Resources
- Wrap-up



#### **Panelists**









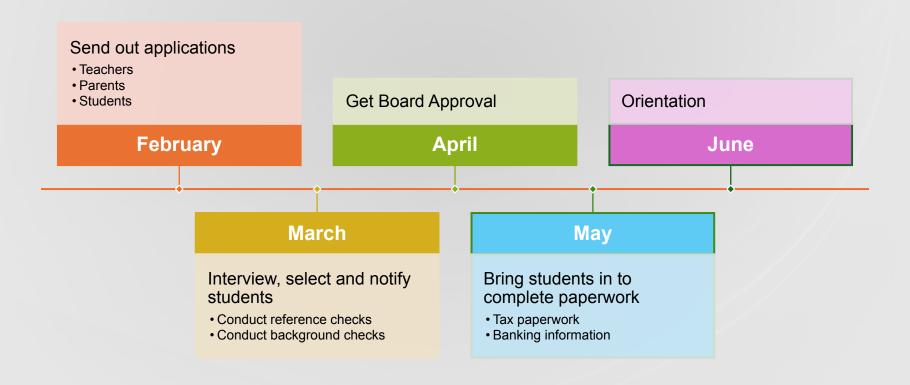
#### **Disclaimer**

Our speakers represent their own experience with non-congregate summer meal programs in their states and localities. Certain program models and implementation methods may be restricted in some states. Check with your local state agency before implementing any new meal service models or implementation methods.

### Why Youth?



## Timeline for hiring youth



#### Tips for Hiring Youth and Workplace Etiquette



SCHEDULING VACATION AND TIME OFF



CALLING IN WHEN SICK



USE OF PHONES AT WORK



WORK SCHEDULE 5 AM???



DRESS CODE



EXACTLY WHAT THEY WILL BE DOING



CLOCKING IN AND CLOCKING OUT



WORKING CONDITIONS



PAYCHECKS AND TAXES



NAVIGATING CONFLICTS

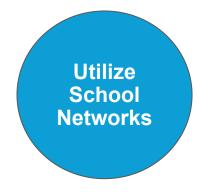
## Policies and Procedures on Hiring

- Age Limit
- Unions involved
- Preferential treatment for lower socioeconomic students?
- Number of hours they can work each day
- Do they need to be able to drive
- Heavy lifting involved
- Working conditions (Heat, standing on your feet)





## Finding the Students









#### **Marketing to Students**

The Moral Imperative



Recognition for Their Work

Flexibility & Shorter Work Hours



Gain New Job Skills





## **Impact for Students**

**Pay Matters!** 

**Supportive Logistics** 

**Flexibility** 

**Community Engagement** 

**Long Term Benefits** 







#### Finding my "why" in the midst of naysayers

- Other's fears and failures are not your own
- Try it yourself
- Failure is okay

#### Why hire youth workers?

- Reduces stigma with school nutrition & free meals
- Exposes youth to careers in food service
- Develops food skills and knowledge => sustainability
- Broadens young people's views
- Gives back to youth/community
- Youth are our future!







## **Benefits of Hiring Summer Youth Employees**

- Enriching employment opportunity for local students
- Stronger connections to nutrition programs and community
- Potential for college students to have year-round employment during school holidays/breaks
- Flexible work hours = ability to engage in other activities
- Skills and knowledge building
- Exposure to local careers







#### Makiya McNear

Student, University of Kentucky &

Former Youth Ambassador Frankfort Independent Schools







#### Resources

2024 Frankfort Independent Schools Summer Meals Program Recap





Feeding Burke County: A Behind the Scenes Look at Burke County School District's Non-Congregate

Food Service Program





Feeding Burke County: A Behind the Scenes Look at Burke County School District's Non-Congregate Summer Food Service Program

Benefits of Hiring Student Workers in Summer Non-Congregate Program





Summer Nutrition Programs Youth Employment Toolkit

COMING FEBRUARY 2025!

No Kid Hungry Center for Best Practices Website: bestpractices.nokidhungry.org
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