

Overnight Oats

INGREDIENTS:

- 5 pound of blueberries or other fruit, frozen commodity
- 4 pounds of yogurt, vanilla 5lb
- 2 cups of milk, 1% Gallon
- 1/2 teaspoon of vanilla, extract imitation
- 18 ounces of oatmeal, kettle hearty oats add Quaker Kettle Oats

DIRECTIONS:

1. Thaw blueberries completely in the cooler and set aside.
2. In a large bowl, whisk together yogurt, milk, and vanilla.
3. Add oats and stir well to combine.
 - a. CCP: Cool in refrigeration to 70 F within 2 hours and 40 F within 4 hours.
 - b. Hold for cold service at 40 F or below.
4. Let sit overnight in cooler
5. Build the parfait the next morning:
 - Place a #16 scoop (1/4 cup) of blueberries in the bottom of a 12 oz cup.
 - Add the overnight oats using a #6 scoop (2/3 cup).
 - Top with a #16 scoop (1/4 cup) of blueberries.

Meal Contribution: Dairy, Grain, Fruit

