

HOW TO OFFER BULK MEALS DURING THE SUMMER MONTHS

The Osage Prairie YMCA Partners with Woods Grocery Store in a Grocery Grab for Kids in the Summer

KEY FEATURES OF THIS MODEL

Sponsor

The Osage Prairie YMCA partners with the local grocery store, community volunteers, and staff to deliver a bulk rural summer non-congregate program.

Program

Called the Grocery Grab, each child receives groceries for 7 days comprising the equivalent of 7 breakfasts and 7 lunches.

Distribution

Distribution happens at the grocery store and through a refrigerated truck that goes to selected parking lots throughout the region.



1

PARTNER

Find community partners like a local grocery store and locations where groceries can be sorted and packed



2

SPREAD THE WORD

Employ social media, church groups, and school listservs to share the time, place, and process for the bulk program



3

CREATE MENUS

Develop menus and procurement orders for groceries equal to 5-7 breakfasts and lunches



4

REGISTER PARTICIPANTS

Give each child a unique QR code to identify them at distributions



5

PACK BAGS

Enlist staff and volunteers to pack groceries on day of distribution



6

GROCERY GRAB!

Cars line up and each child is signed in with QR codes. Then staff and volunteers put the bags directly into the popped trunk of each car