

Summer EBT Helps Families Take a Break From Hunger

Families across America worry about having enough food to feed their kids, with summer being an especially difficult period when the school year ends.

A national survey¹ conducted by No Kid Hungry highlights some of the top concerns and challenges faced by parents and caregivers living with low incomes who are doing their best to nourish their kids.

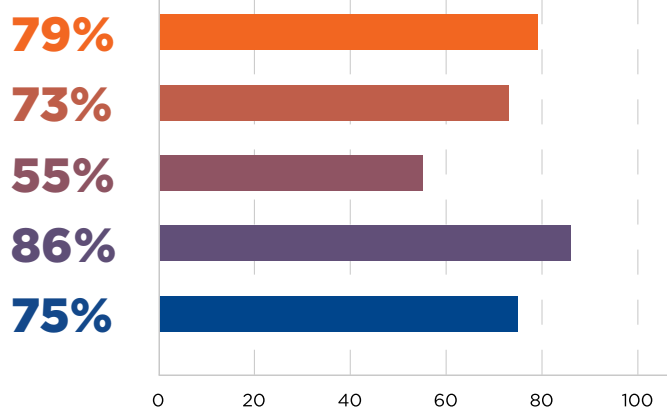
79% of families surveyed said they were worried about running out of food in the past year.

73% said they did run out of food and didn't have money to get more.

More than half (55%) said that their children were not eating enough within the last year.

86% of families reported spending more on food when their children are out of school for the summer.

75% of families reported that the increase in spending on meals during the summer causes financial strain.



Summer EBT helps kids get enough to eat.

Summer EBT, or SUN Bucks, is a grocery benefit program for kids in participating states that enables income-eligible families to stretch their grocery budget by receiving an extra \$120 per child during the summer.



79% of parents widely agreed that Summer EBT helps stretch food budgets and purchase more of the food they need or want for their children.



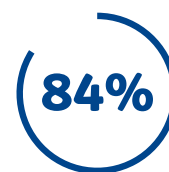
54% of families used Summer EBT benefits to increase the amount of protein.



56% of families used Summer EBT benefits to increase the amount of produce.



87% of parents said it would be helpful to receive this benefit in future summers.



84% agreed that the combination of summer meals and Summer EBT helps kids get enough to eat.

Families that participate in Summer EBT come from all backgrounds.

62%

More than

3 in 5

surveyed said their family received Summer EBT.

Summer EBT and SUN Meals To-Go work together to support rural families.

Rural communities located in remote or distant areas, which previously had limited or difficult-to-reach summer meals options, can now provide summer food pick-up or delivery services for kids through SUN Meals To-Go. In a national survey of such rural communities, rural families highlighted the importance of Summer EBT in combination with SUN Meals To-Go.²



“

It helped me be able to buy food when we really were struggling and needed help.”

—Family of three
Rural North Carolina

“

It helped us make it through the days where money was tight.”

—Family of three, Rural New Jersey

“

[Summer EBT] gave us more food to make it through the summer.”

—Family of four, Rural Kentucky

¹ 2024 No Kid Hungry national survey of parents living in Summer EBT states with household incomes of 185% or below of the Federal Poverty Line

² 2024 No Kid Hungry national survey of parents living in rural areas eligible for Sun Meals To-Go with household incomes of 185% or below of the Federal Poverty Line