



Making Afterschool Meals Work in the 2021- 2022 School Year

CACFP At-Risk program options
and service models

August 10, 2021





HOUSEKEEPING





Today's Agenda

CACFP At-Risk Overview

Available Waivers and Flexibilities for SY21-22

The Experts:

- Amanda Schmitz, Social Responsibility & Community Outreach Director, The Monroe Family YMCA
- Julie Fletcher, Director – Support Services, Food and Nutrition Services, Dallas Independent School District

Panel Q&A

Afterschool Meals – CACFP At-Risk Overview

- CACFP At-Risk, often called the Afterschool Meals Program, provides reimbursement for nutritious meals and snacks served after the school day, on weekends and school breaks, and during school closures.
- Schools and community-based organizations can participate in the program as a sponsor and/or site.
- Up to one meal and one snack can be served to any child 18 and younger at an eligible site.

Afterschool Meals – CACFP At-Risk Overview

- All meals and snacks are reimbursed at the free rate:
 - Breakfast - \$1.97
 - Lunch/Supper - \$3.66 (plus cash-in-lieu = \$3.92)
 - Snack - \$1.00
- Meals and snacks must be paired with an enrichment component; however, children are not required to participate in the activity to receive a reimbursable meal or snack.
 - During the 2021-2022 school year, virtual and take-home activities can meet the enrichment requirement. [See Question #36 of USDA's most recent Q&A.](#)

Note: Afterschool snacks can also be served through NSLP snacks (available to school food authorities only).

Nationwide Waivers Available for SY2021-2020

Available for the Full School Year:

- Area eligibility waiver for CACFP At-Risk, CACFP day care homes, and NSLP snacks

Available to the Extent & for the Duration Needed:

- Non-Congregate Meal Service
- Meal Service Time
- Parent/Guardian Meal Pick-Up
- Limited Meal Pattern Flexibility

Nationwide Waivers Available for SY2021-2020

Available Until 30 Days After the End of the Public Health Emergency:

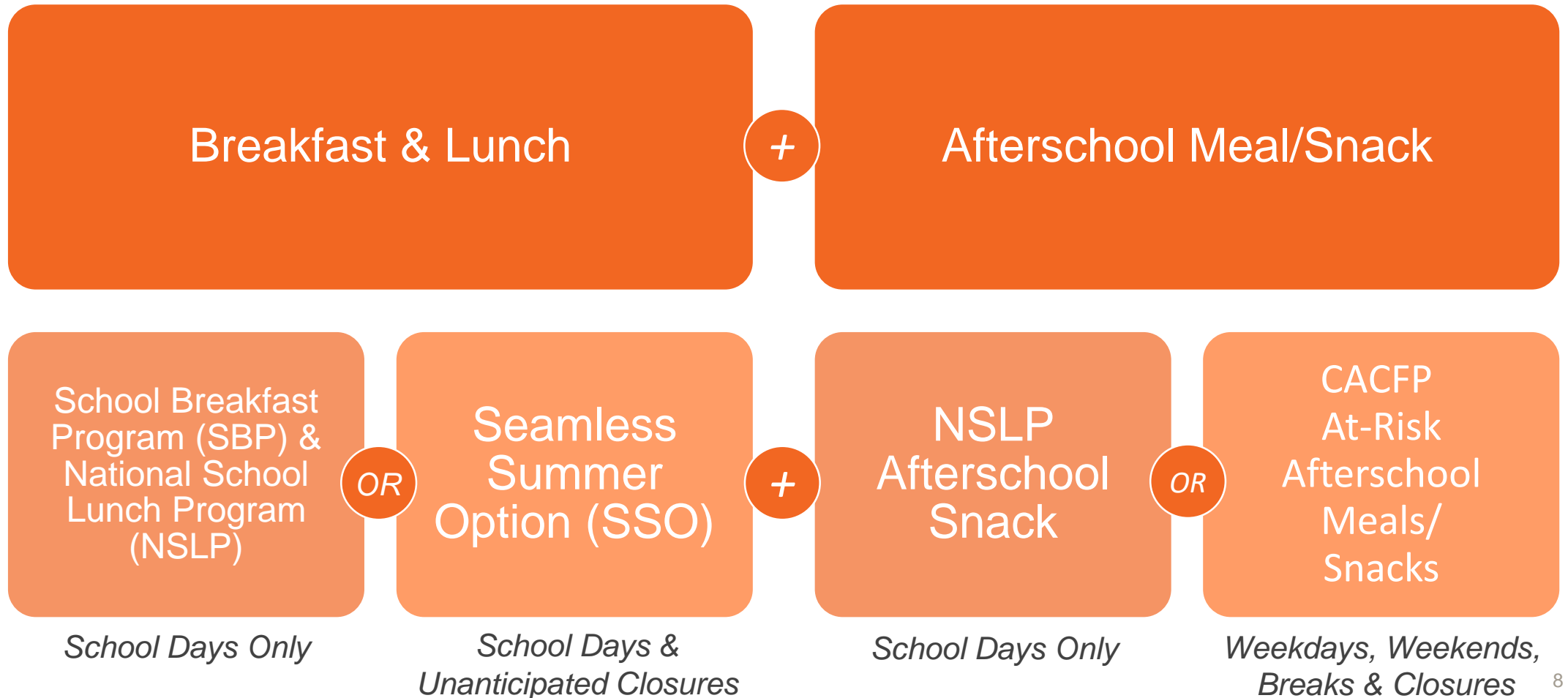
- On-Site Monitoring for CACFP Sponsors
- On-Site Monitoring for CACFP State Agencies

Enrichment Activity & Attendance Tracking: SY2021-2020 Flexibilities

Refer to the most recent [USDA guidance](#) for additional details

- Virtual and take-home enrichment activities are allowed for non-congregate meal service through CACFP At-risk.
- Upon state agency approval, CACFP At-risk sites can track attendance of children participating virtually in the enrichment activity through documentation of meal pick-up or delivery.

SY2021-2020: Child Nutrition Program Options for Schools



SY2021-2020: Child Nutrition Program Options for Non-profit Sponsors

Meal + Snack

CACFP At-Risk Afterschool Meals/Snacks

Weekdays (After School), Weekends & Breaks

- Non-profit sponsors must serve after the school day ends on weekdays; however, they can serve any time on weekends, breaks, and closures (e.g. lunch and snack are allowable)
- Non-profit sponsors cannot serve breakfast and lunch to virtual learners during the school day unless they are sponsors through the CACFP Child Care Center component.
 - *Note: This may require additional licensing, and meals can only be served to children ≤ 12 years old. Reimbursement is based on free or reduce-price eligibility as determined through applications. Consider partnering with your local school district to serve virtual learners.*



THANK YOU!



Amanda Schmitz

Social Responsibility &
Community Outreach Director
The Monroe Family YMCA,
Michigan



AMANDA SCHMITZ



**MONROE FAMILY YMCA-
SOCIAL RESPONSIBILITY &
COMMUNITY OUTREACH DIRECTOR**

**YMCA OF THE USA-
FOOD SERVICE DELIVERY FACILITATOR**



SNAPSHOT OF MY COMMUNITY

- Monroe, Michigan
- Rural community with a population of 150,000
- Food insecurity rate: 11.9% (feedingamerica.org)
- Monroe Family YMCA Year Round Food Program (Before & Afterschool Meal Program, Vendor for the Monroe County Head Start Program, Summer Food Program)
- Self-Prep Sponsor-CACFP & SFSP
- Weekend Feeding
- Teen Feeding
- Adult Meals
- Supplemental Produce Distribution (Farmers To Families)
- USDA Turnip The Beet Recipient 3 Consecutive Years (Current nomination is being considered)



2019

**19,500 Meals Served
2,500 Youth Served
16 Community Sites**

2020

**212,865 Meals Served
31,096 Youth Served
34 Community Sites
90,000 lbs Supplemental Food Distributed**

FOSTERING COMMUNITY PARTNERSHIPS

Trinity Lutheran Church-Kitchen Space

Monroe County Opportunity Center-Major Food Vendor

La-Z-Boy Foundation-Major Program Sponsor

Monroe County ISD/Head Start Program-YMCA is the food vendor

Open Community Sites

School Districts

Mobile Home Communities

Churches

Community Center

Shelters

Libraries

City Municipality (Fire Department)

YMCA



WORKING TOGETHER TO EXPAND EQUITABLE ACCESS

Sponsoring like-minded agencies presents a great opportunity for all!

- Supports program sustainability for both agencies
- Increases equitable food access throughout your state

STRATEGIES FOR SUCCESS

- Utilize technology for meetings, trainings and site reviews
- Extend grace and patience
- Set clear and concise expectations for both agencies through a formal Memorandum of Understanding



TIPS TO MAXIMIZE CURRENT CACFP FLEXIBILITIES

- Non-Congregate Meal, Parent Pick Up and Multiple Meal Waivers have allowed more meals to be distributed, as many families continue to be hesitant to allow their children to participate in social activities.
- Area Eligibility Waiver has allowed us to establish sites that may not otherwise qualify, where pockets of poverty are in more affluent areas.



THANK YOU FOR MAKING A CHANGE!

A landscape photograph of blue-toned mountains with a quote overlaid. The mountains are layered, creating a sense of depth. The sky is a clear, light blue. The text is centered and has a white outline.

**Each one of us can make a
difference. Together we
make change.**

Barbara Mikulski



THANK YOU!

Amanda Schmitz
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@YMCAMonroe
#TheYFeedsKids



Julie Fletcher

Director – Support Services,
Food and Nutrition Services
Dallas Independent School
District





Food and Child
Nutrition Services

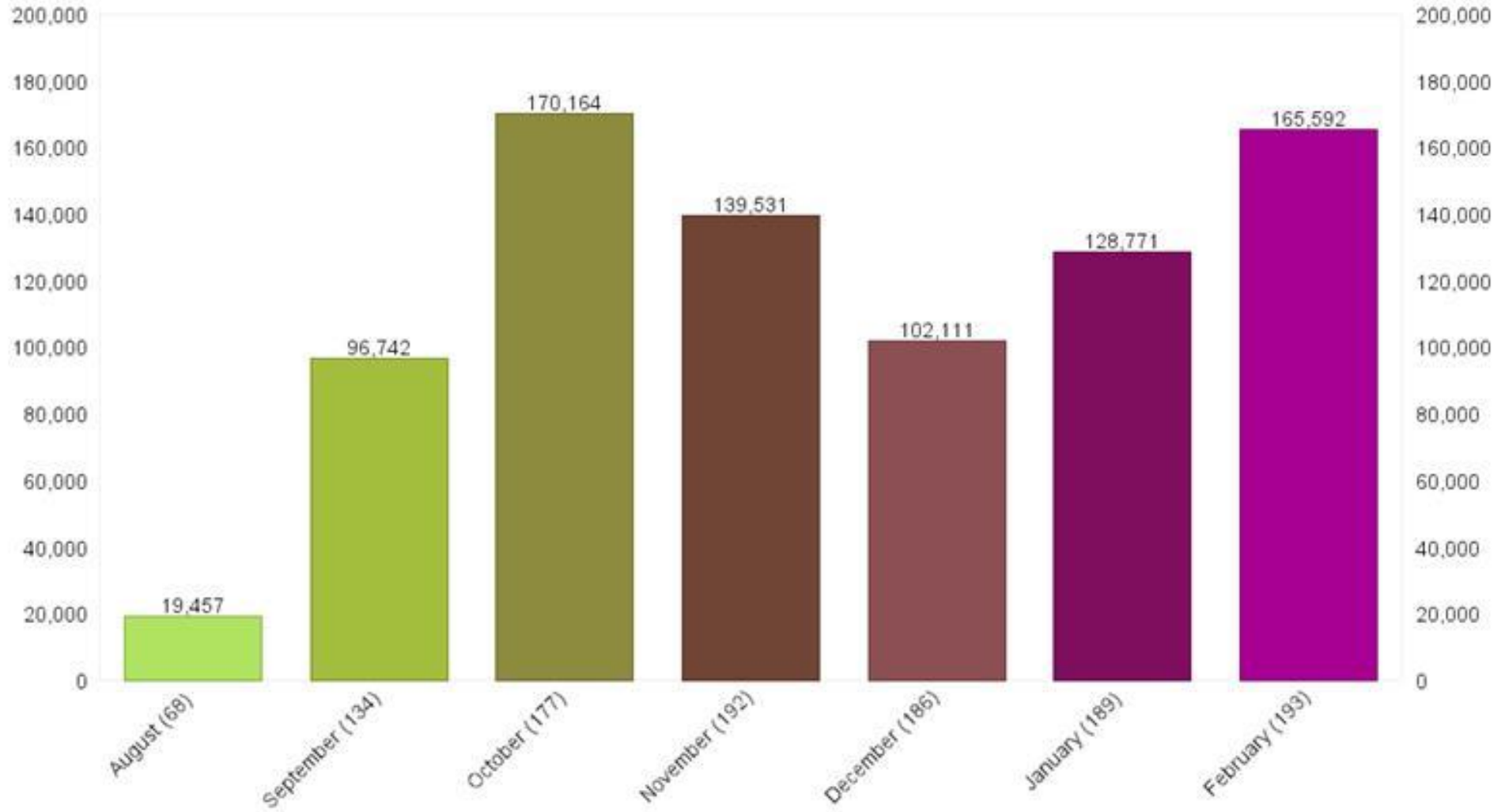
Julie Fletcher, SNS
Director of Support Services

District Overview

- 243 Schools
- 38 million meals/year
- 150,000 enrolled students
- Current CEP rate in Dallas ISD: 98.9%
- 61 schools located in a USDA food desert



ASM Meals August 2019 - February 2020



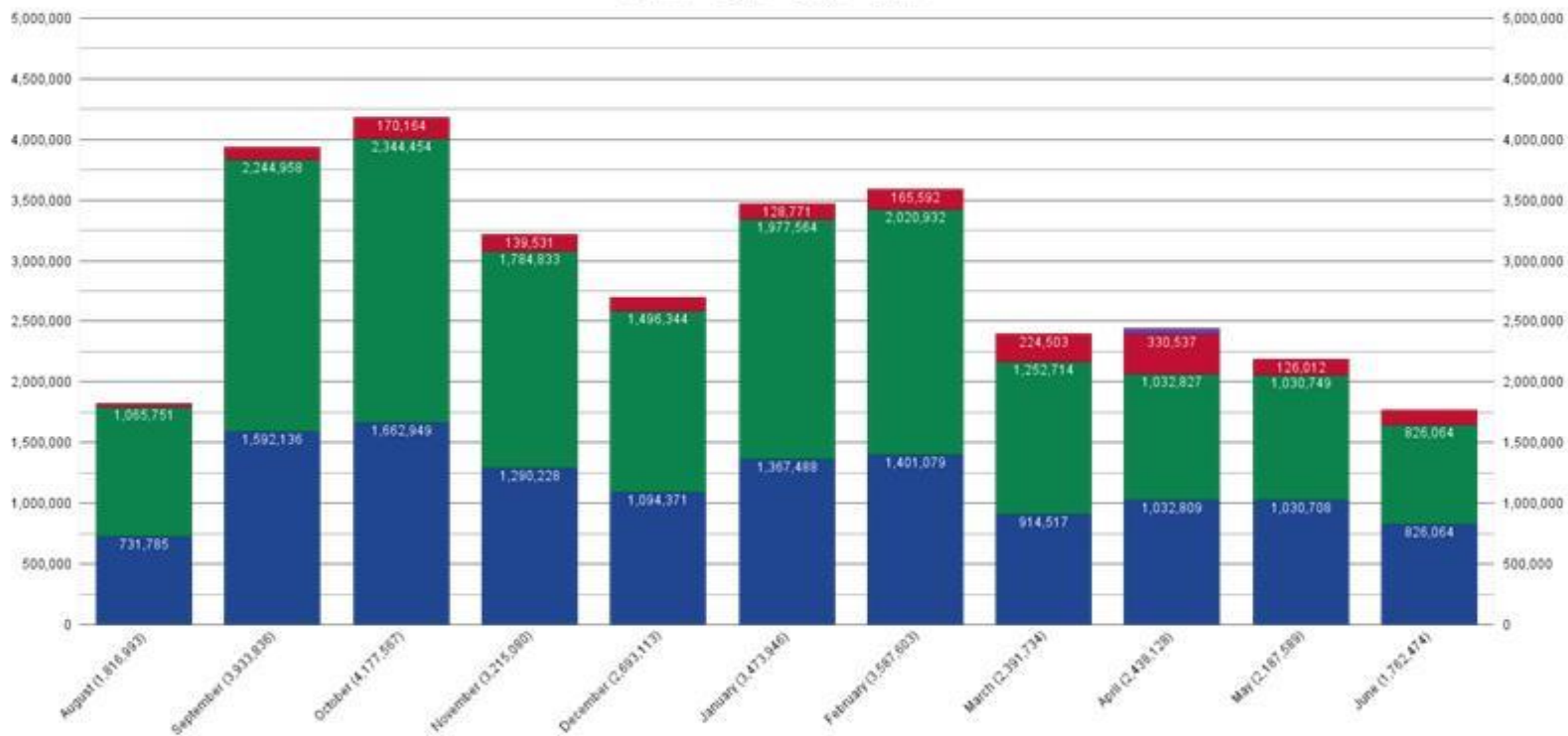
A photograph showing a woman's hands holding a large white plastic bag of food, handing it to a young child sitting in the back seat of a car. The child is looking out the window. The background shows a parking lot with other cars.

The Pandemic Program

- Curbside meal service at 56 school sites weekly
- Waiver for education/enrichment activities
- Provided a weeks' worth of meals including snack & supper

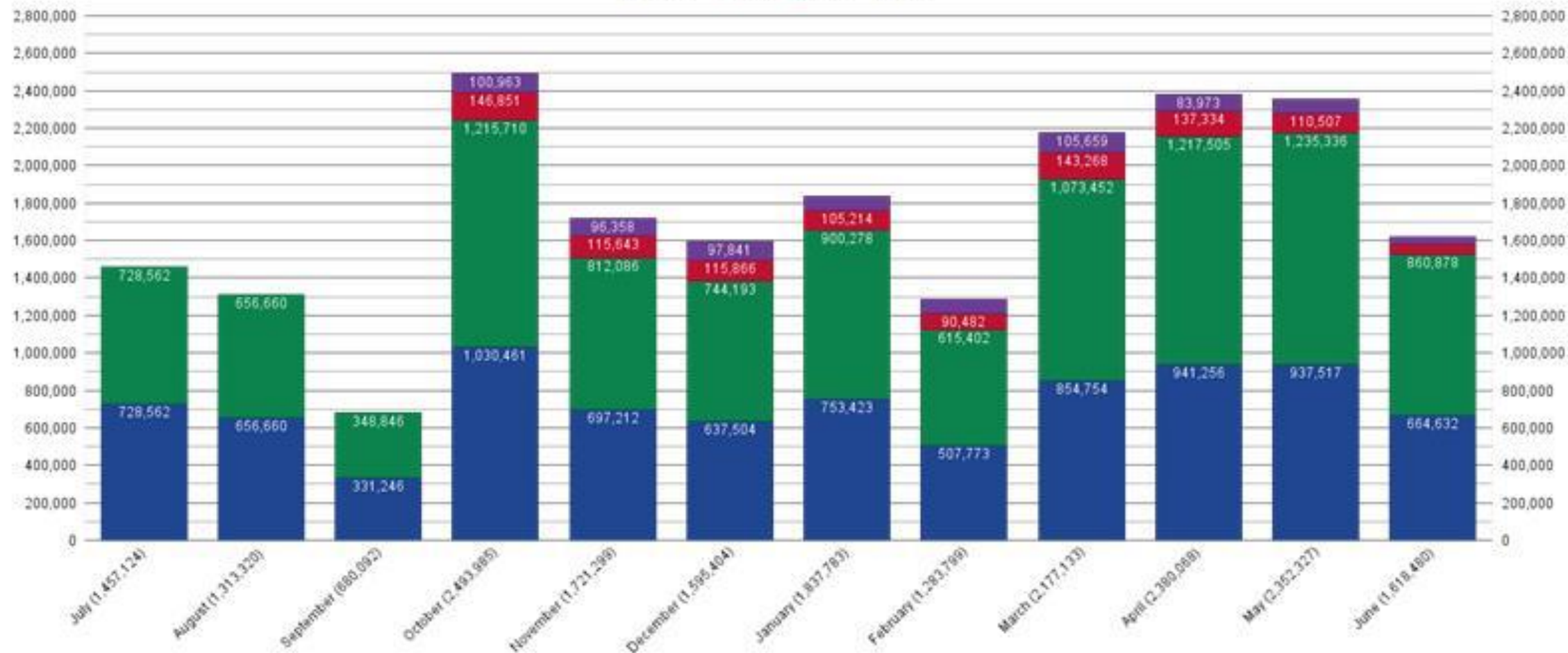
Total Meal Counts August 2019 - June 2020

■ Breakfast ■ Lunch ■ Supper ■ Snack



Total Meal Counts July 2020 - June 2021

■ Breakfast ■ Lunch ■ Supper ■ Snack



After School Meal Program SY 21-22

- Extended day option
- Theory of Autonomy
- Promoting Supper at all campuses

HUNGRY?
YOU DON'T HAVE TO WAIT
UNTIL YOU GET HOME TO EAT.
YOU CAN EAT
NOW!

AFTER SCHOOL MEALS ARE FREE TO ALL STUDENTS.

DALLAS INDEPENDENT SCHOOL DISTRICT | Food and Child Nutrition Services

THIS DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER.

FUELED TO
WIN
AFTER SCHOOL MEALS PROGRAM



Tips for Maximizing Flexibility

- Work with district to identify opportunities to provide supper
 - Principal's package
- Check with state agencies on waivers
- Ensure flexibility of items on bids
 - Co-packaging options



Questions





Q&A



Additional Afterschool Resources

[Starting Afterschool Meals FAQs](#)

[Getting Started with Afterschool Meals](#) (webinar)

[365 Days of Service with Child Nutrition Programs](#)

[Meeting Student Needs in SY21-22](#)

[Understanding Afterschool Snacks and Meals](#)

[Afterschool Meals Umbrella Model Handout](#)

[Supper in the Classroom Handout](#)



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THANK YOU

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