

[You]th Make the Difference: How Youth are Transforming the Food Justice Movement

2022 RURAL CHILD HUNGER SUMMIT



SPONSORED BY:





Guadalupe Gomez
NKH Youth Ambassador

Summer 2021



During the summer of 2021, I was given the opportunity to be Oklahoma's Youth Ambassador. NKH partnered with the Chickasaw Nation and I was able to work from their campus.

Daily Tasks:

My day consisted of visiting different sites around the city of Ada to give out these free meals for children between the ages of 1-18 years old. We would set up a table and this is what our set up looked like.





The meals were self-stable, tasty, and super nutritious which is super beneficial for all children with different backgrounds. We made sure to have super fun packaging to catch the children's eyes.

How can other organizations replicate the work?

- **About 16 million kids suffer from hunger in America. Imagine what you can do to help lower that number.**
- **I think that other organizations that want to help the youth out need to have volunteers/ workers that have a servant's heart and are willing to make a difference. This is especially true when dealing with children that come from troubled backgrounds.**





Since NKH helps out the younger children, I think it is important to incorporate younger adults so that the children feel welcome. I also think it is beneficial for younger adults to get involved with non-profit organizations like NKH so that they can experience first hand what its like to help others and how it makes such a huge difference not only in your community, but in the world as well.



Jabari Brooks

Organizer Partnership for Southern Equity

How did YES! For Equity begin?

Early 2000's-Originally known as question Y focusing strictly on tobacco use prevention work around youth in North Carolina.

2008- Youth Empowered Solution was formed and throughout that time we expanded in not only tobacco but real food active living, oral health, clean water, and multitude of smaller projects.

Present-We are a portfolio of the Atlanta based racial equity non-profit the Partnership for Southern Equity.



MEET THE NEW TEAM





OUR WHY?

The Problem

The 2020 Census revealed that the majority of Americans under age 18 are **People of Color**.

Young people under the age of 18 make up almost 30% of the U.S. population, yet their potential as a generation contribute to a better society is systematically ignored. Our nation is suffering economically, socially and civilly as a result.

The Solution: Our Mission

The **YES! for Equity** team supports the power of youth to challenge injustice and advocate for community transformation.

WHAT WE DO

Hire Young People Ages 14 - 24

YES! for Equity Youth Staff engage in PSE's Portfolios working alongside adults to lead policy and systems change.



Provide Trainings to Youth Leaders

YES! for Equity Youth Train youth across the country on Racial Equity & Youth Power Building.



Provide Trainings to Adults & Organizations

Provide training and consulting to adults and organizations to support youth-led power and support organizational systems change.

JUST YOUTH CIRCLE (under construction)

A collective of youth, adults and organizations advocating for policy and systems change to ensure racial equity and shared prosperity for all.



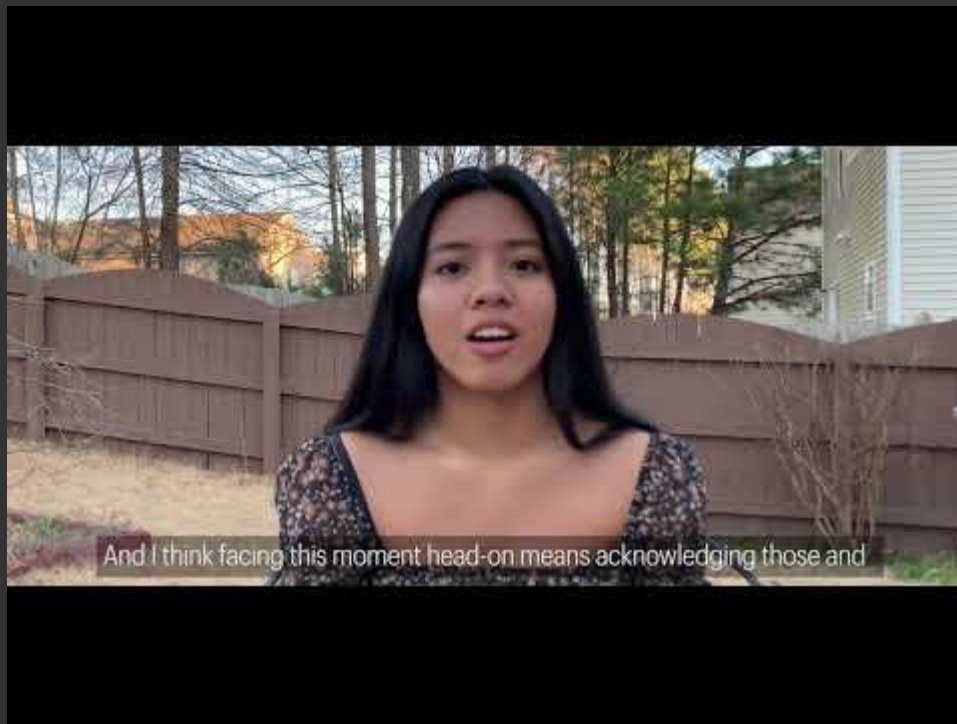
YES! FOR EQUITY YOUTH POWER MODEL®



Critical Awareness

Skill Development

Opportunities



WHAT WE DO - Youth Movement Building

PSE's **YES! for Equity** has partnered with hundreds of youth serving entities all across the country to bring about equitable organizational and local/regional systems change. We have a proven track record of helping our partners to understand and benefit from the value of partnering with youth to achieve the desired policy, systems and environmental changes needed to create equitable and thriving communities. The cornerstone of our work is our nationally recognized **YES! for Equity Youth Power Model®** through a racial equity lens. **YES! for Equity** provides training and technical assistance for youth leaders, led and facilitated by **Youth Staff** as well as training for the Adult Allies who want to support their youth-led movements.

- Youth Leader Training
- Adult Ally Trainings
- Youth Empowerment and Racial Equity Organizational Assessments
- Consultative Technical Assistance and Coaching
- **YES! for Equity** Network

Trainings can be facilitated virtually or in-person, one-day or two ½-day sessions.





TRAINING

Over the next 2 days you will:

- Develop your critical awareness to understand the relationship between racial equity, power, and youth power building and the connection between Racial Equity and Adulthood
- Discover the YES! Youth Power Model® and how to apply it
- Shift your thinking from youth programs, to youth advocacy and activism for community transformation
- Learn how to be an effective Adult Ally to a youth-led movement



TRAINING OVERVIEW


Day 1: Critical Awareness: *Racial Equity + Dismantling Adulthood*



Day 2: Skills Building: *Adults Supporting Youth-led Movements*



QUESTIONS? THANK YOU!

Jabari Brooks,
YES! for Equity Organizer
 Jbrooks@psequity.org

Rachael Carter,
Just Solution Manager
 Rcarter@psequity.org

