**TEMPLATE FAITH-BASED BULLETIN INSERT**

***Note:*** *Customize this template Faith-Based Bulletin Insert to announce the start of your afterschool meals program and highlight the program in your community.*

**FREE FOOD, FRIENDS AND FUN- SPREAD THE WORD!**

"I have the audacity to believe that people everywhere can have three meals a day for their bodies, education and culture for the minds and dignity, equality and freedom for their spirits."***— Martin Luther King, Jr.***

Today, more than 16 million kids are at risk of hunger and they are at an even higher risk when school is not in session. A problem of this magnitude underscores the moral and ethical dilemma our society faces with this growing problem and requires the need to respond with care and commitment to justice.

Most children rejoice when the school bell rings at the end of the day. For families that rely on school breakfast and school lunch, providing healthy food at the end of the school day adds additional stress to tight family budgets.

The At-Risk Afterschool Meals Programs connects children with the free healthy food they need in a safe, supervised location. For many kids, this is their only opportunity to access a healthy meal after the school day ends. Afterschool meals sites offer fun learning and recreational activities so kids and teens can eat a healthy meal while staying active with their friends.

**Afterschool Meals Program Details:**

* Meals are **FREE to children and teens ages 18 and younger**
* Food served at afterschool meal sites **follows USDA nutrition guidelines** and are **paid for by the USDA**
* Afterschool meals sites are at fun, safe places for kids to go such as **schools, churches, community centers and other places**
* Sites offer **learning and recreational activities** for kids of all ages so they can eat, hang out with friends and take part in activities offered
* **Parents don’t need to apply to the program or show proof of income**

The Afterschool Meals Program not only saves you money, but you know your kids are getting the healthy meals they need every day in a safe, supervised place. Just go to www.WEBSITE.com or call 1-XXX-XXX-XXX to learn more or to find a site near you.